



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 24th January 2022

Forthcoming Dates for your Diary

27th January
Year 8 Virtual Parents' Evening (3-6.30pm)

2nd February
Anniversary of the founding of the Sisters of Notre Dame in 1804.



St Julie's Achieves Rainbow Flag Inclusive Curriculum Award!

We've received news today that St. Julie's has gained the 'inclusive curriculum' strand in our work towards the Rainbow Flag award, which is a national quality assurance framework that focuses on positive LGBT+ inclusion and visibility. This strand recognises the work we have completed in ensuring inclusivity in our curriculum and is an important milestone in our journey to the full Rainbow Flag award. Thank you to all of the staff, students and student ambassadors for their part in this achievement!



A Clean Sweep For 'Twisted Tales'

Our creative writers have raised their game to record a clean sweep in the Young Writers Company 'Twisted Tales' competition. In a record first, all 76 entries from St. Julie's have been accepted for publication in the competition anthology. Congratulations to all of the writers!



Spanish Super Heroes!

Spanish students are dusting off their capes in a bid to be a "Superñ" - harnessing Spanish as their super power! Every week, one or two students who have demonstrated their super skills in lessons with excellent participation or an outstanding piece of work get recognition in class and a special badge. Well done to all of our heroes to date!

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Students Get Colourful!

Students in Art and Technology have produced some great work this week exploring printing and colour tones. Students in Year 8 Textiles have been consolidating their knowledge about Indian Culture, and Year 7 students in Art, were exploring colour theory. Read more and [see the photos here!](#)



Bullybusters Workshops

Students from across the year groups took part in some exciting workshops held in school today by Bullybusters, giving pupils the opportunity to benefit from advice and guidance as well as raise their awareness of bullying and peer pressure issues. These sessions were delivered by Bullybusters and the workshops focused on topics such as how to deal positively with peer pressure, cyber safety, friendships and health and wellbeing.

Covid Vaccinations for 12-15 Year Olds

Please see the message below that we have been asked by Mersey Care to circulate:

All 12 to 15 year olds are now eligible for their COVID-19 vaccination.

Vaccinating your child can help to reduce the need to have time off school and avoid disruption to their

education whilst also reducing the spread of COVID-19 within schools. During this 2nd phase the immunisation team will be delivering COVID-19 dose 1 or dose 2 vaccines in school. Doses will be dependent on consent being received and will be 12 weeks after dose 1, a positive Covid test or Covid illness.

We kindly request you complete your child's form following the below link even if you don't want your child vaccinating before Midnight Sunday 30/01/22 to help support campaign planning.

(open in google chrome)

<https://econsent.merseycare.nhs.uk/>

*Many Thanks,
School based immunisation services*

UCAS

UCAS success!

Our Sixth Formers are reaping the rewards of their hard work at the moment as they continue to welcome offers from their chosen universities.

Most of our university applicants have already received replies from all five of their choices; a large number have already decided upon their firm and insurance choices and many received offers within hours of sending off their application! Our latest UCAS data is incredibly promising and shows:

- Our overall offer and acceptance rate for the 2021 application cycle continues to be well above national figures and at least in line with our competitors
- When our students apply to prestigious and competitive higher tariff providers they are statistically more likely to

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- receive an offer than other students nationally
- More and more of our students progress to higher tariff universities year on year

In our last Ofsted inspection it was recognised that St Julie's Sixth Form students take part in good quality and meaningful work experience and that the quality of advice and guidance received means they are well prepared for their next steps.

We are justifiably proud of our students' successes over the years at St Julie's Sixth Form and wish our current Year 13 students well for their forthcoming mock examinations.

You can find the [Parent / Carer's Guide to Applying to university here](#) and to learn more about prestigious Russell Group universities, [click here](#).



YPAS Wellbeing and Crisis Services

YPAS offer lots of different support to young people and parents/carers - [take a look at the website](#) to find out more.

YPAS CRISIS WALK-IN SERVICE
(for all 5-25 year olds & parents/carers from Liverpool and Knowsley)

- Struggling with your mental health
- Yourself or your child are in a crisis
- Feeling lonely & isolated
- Need a listening ear
- Safe Space
- Trained staff
- Support through difficult times

Whats on calendar <https://ypas.org.uk/services/whats-on-calendar/>

For young people:

SKY

For 16-25-year-old young people. YPAS's drop-in service has an open door policy. It provides a safe, comfortable space in a relaxed environment. You can drop in for a chat, meet new people, access the computer suite/wifi, discuss YPAS's services or take part in informal education sessions. A member of staff is always available to meet and assist you if you need support.

Thrive

For secondary school age young people. Thrive project provides a safe and supportive space where young people can access and receive support, information, guidance and advice. All sessions that are delivered aim to enhance self-esteem, confidence and social skill levels, whilst supporting positive mental health and healthy lifestyle decisions and choices.

Parental Support Support programmes, courses & coffee events for parents & carers

Coffee Events

Coffee events are currently being held virtually, parents and carers who book on will receive a link to join us online. Lots of services are invited to our coffee events to give information about the support they can offer, previous services who have been invited to talk with parents include , Talk Liverpool, Liverpool Early Help Hubs, LIVPac, Autism in Motion and many more. These events are open access: any parent /carer can attend a coffee event.

Youth Connect 5

A five week programme to help parents gain an understanding, knowledge and skills in relation to promoting resilience for their children. Parents will finish the course with a range of tools that they can use to support their children. This is a course for

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parents/carers of children aged 8 plus

ParentTalk – The Teenage Years

The teenage years are a time of transition and can be challenging for both teenagers and parents. Parentalk – The Teenage Years is all about helping parents and carers to do the best job they can as they navigate these years with their teenager. It's a relaxed, informal course giving you the opportunity to talk about the day-to-day challenges you face, as well as sharing the things that are going well.



Mental Health and Wellbeing Vision Statement

In periods of darkness we can only wait for the sun to reappear' St Julie Billiard.

At St Julie's we aim to be the sun for our community, actively promoting students and staff emotional wellbeing and mental health.

We provide a safe and supportive environment where all are welcomed and accepted. We work with students, staff, and parents to develop the culture within our school where wellbeing and mental health are recognised as everyone's business!

The Wellbeing Award

At St Julies, we have been working towards a Wellbeing Award for Schools. Since starting the award, we have listened to staff, pupils and parents' feedback to develop our mental health and wellbeing strategy. This includes:

- Appointing a Change Team and Mental Health Practitioner

- Pastoral Support Team
- Student wellbeing ambassadors nominated from each year group
- Staff training and CDP
- Staff wellbeing INSET day
- Information events for parents/carers
- Currently developing wellbeing spaces for pupils which include a cool down and sensory room
- Working with agencies such as Bully Busters, LFC Foundation, Mersyeside Youth Association
- YPAS wellbeing clinic every week in school
- Working in partnership with CAHMS

We recently sent out a survey which would like you to complete to help us continue to improve our commitment to mental health and wellbeing. Please [find the link here](#).

Liverpool Called

If you are in year 8 and would like to receive the Sacrament of Confirmation.

Register at:
Liverpoolcalled.co.uk

Registration is open:
10th January 2022-21st March 2022

The Archdiocese of Liverpool

Liverpool Called

Students in Y8 are now invited to register for Confirmation. Parent/carers should have received an email from school with a letter from Archbishop Malcolm explaining the programme. The Archbishop's letter and the link to register on liverpoolcalled.co.uk can also be found on the chaplaincy website.

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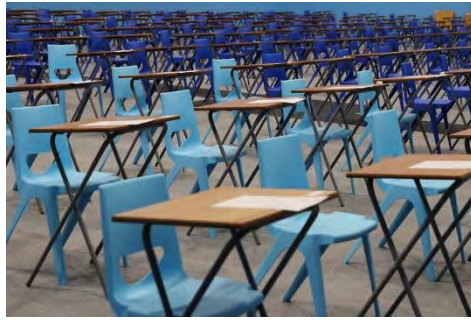
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Year 13 Mock Examinations

Year 13 mock examinations are scheduled to commence on **Monday 28th February**. Please [click here](#) to read a letter circulated by Mrs McCourt this week with important information for all examination candidates.

Year 11 Mock Exams Complete

Thank you to all parents for your support of students in Year 11 during their mock examinations. The sessions are now complete and the students can be proud of their achievements.



January Recommended Read

If you're seeking inspiration for a read, why not try our recommended read for the month of January: *The Fault In Our Stars* by John Green.

The Fault in Our Stars

I fell in love the way you fall asleep: slowly, then all at once. Despite the tumour-shrinking medical miracle that has bought her a few years, Hazel has never been anything but terminal, her final chapter inscribed upon diagnosis.

But when a gorgeous plot twist named Augustus Waters suddenly appears at Cancer Kid Support Group, Hazel's story is about to be completely rewritten.

Insightful, bold, irreverent, and raw, The Fault in Our Stars brilliantly explores the funny, thrilling, and tragic business of being alive and in love.

University Hospitals Birmingham Trust Virtual Work Experience

UHBT have announced the return of their comprehensive virtual work experience programme offering fantastic opportunities for those interested in Medicine, Dentistry and Veterinary Science. Find out [more details here](#).

Careers Updates

Updates this week include details of newly published apprenticeship opportunities from communications and IT giant BT. All the details and more are on our [Careers website](#).

KS3 Assessment 2021-22

Please [click here](#) for an overview of the KS3 Assessment Framework.

Remote Education

From September 2021 schools must continue to provide remote education for students who must self-isolate due to Covid-19. A copy of the school policy on Remote Education can be [found here](#).



SEND Support Helplines

Helplines for Settings and Families In response to the current coronavirus pandemic, Liverpool Local Authority's SEND Support Services would like to offer advice and support to our settings and families during this difficult time.

SENISS Helpline: 07591837693

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If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen,

take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse have increased during periods of lockdown. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the

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Alder Hey CAMHS crisis care line 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550

They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults
Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for

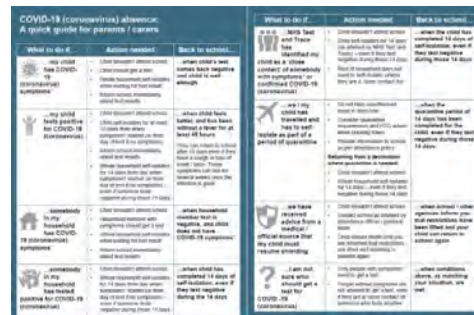
adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Covid Reporting

Please continue to review the [information sent out each week in the bulletin](#) with regard to the importance of notifying school immediately if your child tests positive for COVID-19. Please continue to contact school in any of the normal ways - the main switchboard (0151 428 6421) during working hours; or reception@stjulies.org.uk or safeguarding@stjulies.org.uk for out of hours notifications. School have taken all reasonable steps to raise awareness of this. Thank you.

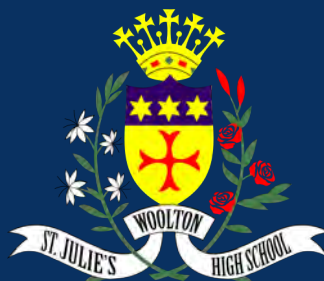
Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).



Covid-19 Information and Risk Assessment

All parent/carers can access the school's Covid-19 risk assessment [here](#).



CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

OPPORTUNITIES



Rolls Royce have now opened their Higher and Degree Apprenticeships. They cover Commercial, Engineering, Materials Laboratory, Procurement, Supply Chain Management, Digital/Technology, Manufacturing, Non Destructive Testing and Project Management. You can read more and apply here.



The deadline to apply for PwC's Flying Start Programmes in either Accounting or Technology is fast approaching. This is their degree programme of study. The deadline is 26th January 2022.



How does some work experience at Europe's biggest bank sound? If you're interested in a career in financial services, young professionals next virtual event with HSBC is something you're going to want to come along to. On Monday 24th January from 5:00pm - 6:00pm, they will be hosting HSBC's introductory work experience session as they take us through all their upcoming UK-wide summer work experience opportunities and how to best ensure your application can stand out and align to what they're looking for. You can register here.



Historic England is pleased to offer a virtual work experience programme a twice per year. The three-day programme includes live content, talks from guest speakers and the opportunity to contribute to some of our work as we champion historic places to help people understand, value and care for them. All delegates will receive a certificate of completion of their work experience at Historic England at the end of the programme. The 2022 event will take place over three days and runs from Wednesday 23 February to Friday 25 February. Read more and book a place here.

JOB OF THE WEEK



Dental Nurse

Dental nurses help dentists to treat their patients and do reception work and other tasks in the practice. You can earn up to £30,615 per year and expect to work around 37-40 hours per week. There will be 8% more Dental Nurse jobs by 2026. You can read more about this here.

LABOUR MARKET INFORMATION FACT

The World Economic Forum predicts that AI and automation will lead to the creation of 97 million new jobs by 2025.

However, people working in many existing jobs will also find their roles changing, as they are increasingly expected to develop their own abilities with AI technology.

Read more 2022 workplace predictions here.

If you have any questions or need support, please email ajones@stjulies.org.uk



CAREERS NEWSLETTER

OPPORTUNITIES



St James's Place are running an Apprenticeship Open Evening on Tuesday 8th February from 430-6pm via Zoom. You can read more and register [here](#). Their apprenticeship programme will then open for applications on 25th March 2022.

EDT Industrial Cadets are a series of support inputs for students. Read about their offer for each year group below:

Year 9: A series of online courses unlock innovative thinking, improve independent learning, presentation and planning skills, boost confidence and enhance students' CVs. The knowledge and exposure gained will help them make more informed decisions about their future and for their UCAS application. Apply [here](#).

Year 11: Virtual Routes into STEM course offers an opportunity to explore college, university and apprenticeship routes, tour a variety of institutions virtually, work on exciting projects and have access to live career sessions and mentor panels with STEM employers. If you are enjoying your Tech, Design, Maths or Science subjects and would like to know what exciting future these subjects could lead to, then this course will help you discovering where your interests could take you. Apply [here](#).

Year 12: Insight into University residential courses run over 4 or 5 days where students get a taster of university life and an insight into a specific STEM subject. In summer 2022 these will include

- Maths at Lancaster University
- Materials Science at University of Cambridge
- Mechanical Engineering at UCL
- Robotics & Autonomous Systems at University of Liverpool
- Broad-based Engineering at University of Sheffield

Apply [here](#).

The Science Technology Research Council are running an Apprenticeship Evening on Thursday 10th Feb from 6-7pm. You will learn about their work, facilities and apprenticeship programmes. Book your place [here](#).



EMPLOYER SPOTLIGHT



British Airways

"At British Airways, we take huge pride in our past – but we're looking to the future as an airline that loves embracing the best of modern Britain. Our country's creativity, diversity, style, wit and warmth are the same special qualities that make us who we are. Now, we're looking to build on this spirit and passion to make tomorrow even better."

You can read more [here](#).

UNI SPOTLIGHT



Edge Hill University

"We have been crowned the Modern University of the Year in The Times and Sunday Times Good University Guide 2022.

The prestigious award highlights the University's continuous investment in the student experience, its quality of teaching, outstanding facilities and courses that are designed to meet the needs of employers in a competitive jobs market." Search their courses [here](#).

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