St. Julie's Catholic High School Weekly Newsletter

Week Beginning 24th February 2025

Forthcoming Dates for your Diary

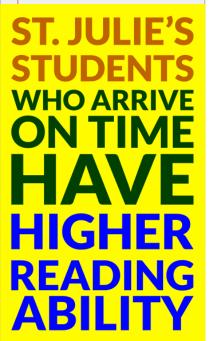
5th March Ash Wednesday

6th March Sixth Form Parents' Evening

12th March New Year 7 Welcome Event

IPPA improving parental engagement St. Julie's Gains Leading Parental Partnerships Award

We're delighted to report that after a rigorous process of external assessment, St. Julie's has been successful in gaining accreditation of the nationally recognised award in Leading Parental Partnerships. This award recognises that the school places parental engagement at the heart of successful education, and that a strong relationship between school and home affords the best outcomes for students. You can read more in the full story on our website.





Women In STEM Day

On Tuesday this week we celebrated 'Women in STEM Day' and were delighted to welcome back former student, Dr Niamh Fowler. Dr. Fowler came back to school to share her experiences with students in Year 10 and Year 7, delivering accessible and informative presentations that were appropriate to each age group.



Open Mic Night!

The theatre thumped to some great performances on Monday evening as performers, both seasoned and debutante, took to the stage in Open Mic Night! The performers drew an appreciative audience and included students from right across the age range, from Year 7 to Year 12, though the opening slot saw some great songs from the staff band, including some silky guitar

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<u>Bell</u>

Social Sciences and Computing: Mrs K Byrne

SENDCo: Miss S Jackson Safeguarding: Safeguarding Team

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Pilgrims of Hope

2025 is a Jubilee year in the Catholic Church, also known as a "holy year". It is a special year in the life of the church currently celebrated every 25 years. The theme of Jubilee 2025 is 'Pilgrims of Hope'. In assemblies this week, students have been learning about Sr Dorothy Stang SNDdN and how she embodied an example of a 'pilgrim of hope' to those she served and fought to defend in the Amazon rainforest. In recognition of our work in gaining the CAFOD LiveSimply Award and as a symbol that we continue Sr Dorothy's mission, students received a Live Simply badge in form time so we can celebrate this Jubilee Year in hope for the future!

work from Mr Fleming! It's always exciting to see performers make their stage debut, and many students did so on the night, setting nerves aside to play with gusto! Thank you to all of the performers, everyone who came along and to our Performing Arts team for making the event happen. You can see photos in the slideshow on our website.



PM Registration Consultation Outcome

Please <u>click here to read a letter</u> <u>from the Headteacher</u> outlining the outcome of the recent consultation

to proposed changes in PM registration.



Filming With the Ariel Trust

Over the last 10 weeks, Ariel Trust have been working with a group of Year 8 students delivering a resource focusing on 'skills for a healthy relationship', looking at the issues arising from the sharing of online images. Ariel Trust were so impressed with the students that they arranged for their performance to be filmed to be part of training sessions delivered to teachers in universities. Last night parents attended and took part in an

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interactive workshop that had them up on their feet and playing drama games to start, before watching the students' performance regarding healthy relationships. A workshop took the form of Forum Theatre which saw the parents pausing the action of the play and offering suggestions of what the character could do differently to result in a better outcome. There were even a few brave parents that stepped up to play characters such as a Mum responding to a daughter who had sent an indecent image. This was a really good way of exploring the topic for both parents and students. A few of the students have even been asked to voice over the characters for an animation Ariel Trust are producing for Merseyside schools!



Mathematicians Join the Circle Club

Since November a group of Year 9 students have been taking part in a Maths Circle Club supported by Axiom Maths. Each week the students come together to tackle a curriculum of challenging Maths problems. They grapple with problems while learning to think, speak and work like university mathematicians. This half term the students have been focusing on a theme of parity and have used problems surrounding sums of pairs and space networks. The students have even looked at some famous problems linked to these areas such as 'The Bridges of Konigsberg'. Each week the students have become more confident in their own abilities and have enjoyed being part of a Maths community that encourages excellence in the subject.



Year 11 Students Enjoy Judaism Talk

This week, the RE department welcomed David Coleman from Childwall Synagogue to speak to Y11 students about Judaism. Students were able to answer and ask questions to build on their prior learning about Judaism for their upcoming GCSE examinations. Thanks to David for an interesting and interactive talk!



Swimmer Medals at Final Weekend of Tournament

Congratulations to Emmie in Year 7 who completed on the third and final weekend of the Cheshire County Championships in Macclesfield last weekend. She left the tournament with a further bronze medal in the mixed relay and an outstanding individual bronze medal for overall tournament results of swimmers in her age range. Congratulations Emmie!

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Sixth Form Domestic Abuse Champions Complete Course

Congratulations to our team of Sixth Form students who have now successfully completed their three day training course as Domestic Abuse Champions. They can now spot signs of abuse, signpost people and they will support Mrs Rooney and Mrs Chisam in helping our school tackle violence against women and girls.



Week 2025 NAW - Creating Careers Pathways: Parent & Carer Information Sessions

Creating Careers Pathways is designed to give parents and carers the information they need to help their young person find their best next step.

Each session looks at pathways into careers in some of the Liverpool City Region's largest sectors and allows audiences to ask employers questions. Each episode comes with a downloadable information sheet containing key links to further advice and guidance.

View each episode here:

- Apprenticeship and Technical Education Overview
- Digital & Creative
- Energy & Net Zero
- Advanced Manufacturing

NAW - Higher and Degree Apprenticeship listing

The Higher & Degree Listing is a biannual publication, with the next release planned for October 2025. Parents, carers and students can explore 2,400 Higher and Degree apprenticeship vacancies in the latest edition of the Higher & Degree listing by clicking here: Higher & Degree Vacancy Listing – Amazing Apprenticeships There are vacancy details from over 80 UK employers, including

location, salary information and

direct application links.



NAW - Routes Into Law

On Friday morning this week we welcomed legal associates Julia and Molly from MSB Solicitors into our weekly assembly with Year 9. During their presentation, the students heard about routes into Law and how to access apprenticeship opportunities, as well as what life in a legal career looks like. Thank you to our visitors for taking the time to come into school.



Congratulations Mathematicians!

Well done to the following students who achieved the highest XP (Sparx experience) points in their Maths homework for the week 04/02-11/02. All students will be

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given a certificate from their maths teacher.

Year 7:

Isabella K
 Ariana P
 Ava-Lily D

Year 8:

Ava P
 Alissa J
 Amelia M

Year 9:

Emily W
 Olivia J
 Poppy M

Year 10:

Ava M
 Darci H
 Georgina W

Year 11:

Robyn W
 Rhian T
 Olivia P



Family Hub and Parents Newsletter: Winter Edition

The latest edition of Liverpool City Council's Family Hub and Parents' Newsletter is <u>available for viewing now</u>, and in it you will find information on the following:

- Best Start for life
- Ante natal programmes available.
- Parenting support from 0-19 (25)
- New support services for parents of Teens
- Information on Children Centres and Family Hubs
- Spotlight information on Wavertree, Childwall, Woolton and Church Children's Centre and activities for families there
- Things to do in Liverpool for children and families.

- Chinese New Year celebrations
- Adult Learning
- Courses available on Healthy Living and relationships
- Help with cost of Living
- Mental health support for children and adults
- Bitesize courses for parents of Teens from Merseyside Youth Association
- Support for families with children with SEND needs
- Domestic abuse support services
- RASA support services

For further information please contact <u>Lisa.Lunt@liverpool.gov.uk</u>



The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.

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Half Term Support You can get support at the following places during half term



Monday - Wednesday 9.30am -8pm Thursday: 2pm - 8pm and Friday: 9.30am - 4pm.



0800 02 888 40



www.kooth.com



We Wish all our students a very restful half term and will see you all on Monday 24th February 2025



safeguarding@stjulies.org.uk



SEND Homework Club

We've introduced a homework club specifically for our students with SEND needs. Students in KS3 are welcome on Mondays from 3:15-4:00pm and students in KS4 are welcome on Wednesdays at the same time. The club is based in the Stars room and students are welcome to just turn up on the appropriate day!



Recommended Read for February

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Thirteen' by Tom Hoyle.

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Thirteen boys. Twelve dead. One survives. For now...

Adam was born at the stroke of midnight at the start of a new millennium. He is the target of a cult who believe boys born at that time must die before the end of their thirteenth year. Twelve boys have been killed so far.

Coron, the crazed cult leader, will stop at nothing to bring in his new kingdom. And now he is planning a bombing spectacular across London to celebrate the sacrifice of his final victim...



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can fill in the registration form here.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns

with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk

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Children's Occupational Therapy Service

Please contact the Children's https://learnliveuk.com/network-railsecondary-school-safetytalk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk **Liverpool Sensory Service** Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries

sensoryservice@liverpool.gov.uk

Hub Of Hope

please email

The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to

move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are more details available here.

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of local and national helplines, including a vital resource for adults '#lt's abuse'.
- The Bright Sky app is an excellent resource for victims of domestic abuse.
- The Hideout resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email

referrals@rasamerseyside.org or visit our website

www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the Alder Hey CAMHS crisis care line 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are

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struggling to keep themselves safe in the immediate moment.

Anxiety UK - Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35 Phone: 0800 58 58 58 (daily 5pmmidnight)

Mental Health Foundation support for mental health concerns https://www.mentalhealth.org.uk/

MIND – Meeting mental health needs Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic - support line for panic attacks and OCD

Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout

Immediate support by text for people of all ages.

https://giveusashout.org/ Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team Phone: 0800 068 4141 (Mon - Fri, 10.00am - 5.00pm, 7.00pm -10.00pm, weekends, 2.00pm-(ma00.5

Rethink Mental Illness - supporting mental health all ages.

Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, available here, gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit https://www.office.com and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

Addvanced Solutions: 0151 486 1788 Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB 0151 488 6648

Children in care (under 18?) Polaris Knowsley.EHWB@coreassets.com 07967 381 035

Knowsley CAMHS 0151 351 8610

Kooth

Mental Health Support Teams

Zuntold

Domestic Abuse Merseyside Domestic Violence Service 0780 272 2703 mdvs.org

Ruby Project ruby@pss.org.uk

Family support Family First

Knowsley Family Info

PSS Prisoner Family Service

Lee Cooper Foundation

Healthy Knowsley