



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 24th March 2025

Forthcoming Dates for your Diary

28th March
Foundation Day

4th April
Lenten Services

4th April
End of Term



Dancers Dazzle at 'Stage Full of Stars'!

On Sunday 9th March dancers in our exam classes performed three pieces at the Dream Productions 'Stage Full of Stars' show at New Brighton's Floral Pavilion. The first piece was a duet exploring the theme of confectionery, whilst the second was a contemporary piece inspired by the work of Marta Graham, Merce Cunningham and Glen Tetly. The final piece was from a Year 11 student who was inspired by the industrial revolution. You can read more in the [full story on our website](#).



St Patrick's Day Singalong!

On Monday we celebrated St. Patrick's Day with a singalong to some Irish airs played by our impromptu folk band! The break time concert was huge fun, and thanks to everyone who joined in, and to our guest fiddle player, Miss Wallis!



Assemblies Mark CSE Awareness Week

Tuesday 18th March marked the national day of awareness of child sexual exploitation, and throughout the week we've been joined by PC Mark who has been delivering assemblies to highlight to students the signs, symptoms and associated risk.

**ST. JULIE'S
STUDENTS
WHO ARRIVE
ON TIME
HAVE
HIGHER
READING
ABILITY**

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[Careers Website](#)

The aim of the awareness day is to raise the profile of exactly what signs should be raising questions with people of all ages, and the mechanisms of reporting available to people who see or feel that something is wrong. The important message is that CSE is real, happening in our city, and isn't something that people should remain silent about.

Thank you to PC Mark for his time in meeting with our students, and thank you to the students for the maturity they showed in receiving the important messages. You can find out more information at the [Stop CE website](#).



Exploring the Body With Medical Mavericks!

On Tuesday this week students across the year groups got hands on with some fascinating medical equipment with Daniel and Terri from Medical Mavericks! The team brought an array of interesting devices that students could use in earnest, and they included familiar health devices such as an inflatable cuff blood pressure monitors as well as more sophisticated doppler and ultrasound scanning devices, alongside ECG scanners for measuring cardiac activity. Away from diagnostics, students got the chance to explore advanced techniques like laparoscopic surgery simulators and treating open wounds on the creepily life like arm model! Thanks to the team from Medical Mavericks for a great workshop!



'Shirley Valentine' At The Everyman

Last week a group of Year 10 students enjoyed a theatre trip with the LFC Foundation as part of the creative works program. Students participating in the program watched a performance of 'Shirley Valentine' at the Liverpool Everyman, and thoroughly enjoyed their visit!



Second Half Comeback for Year 7 Footballers

On Tuesday our Year 7 Football team contested a fixture at Gateacre which was a showcase for resilience. The hugely entertaining game saw St. Julie's concede early in the game, but the side took this as motivation to turn the game around. St. Julie's rallied and came back to score three times with two goals from Aaliyah and one from Charlotte. Peggy made some outstanding saves that Alisson Becker would be proud of!

Sixth Form spotlight!

As we continue the Year 11 Sixth Form interview process, we wanted to take the opportunity to shine a spotlight on the subjects offered at St Julie's Catholic Sixth Form. This week, we wanted to showcase some of our most creative and dynamic A-level subjects.

In *Art* students explore a range of techniques and media, building impressive portfolios and developing visual storytelling skills – ideal for [careers in design, illustration, or architecture](#).

Examples of former students' fabulous art work can be seen in the Sixth Form LRC and Common Room area, showcasing the talent and creativity of our students. *Fashion & Textiles* fosters creativity and practical skills in garment design and construction, opening doors to fashion design, costume creation, and interior design. To learn how a dress goes from design to Dior, [click here](#).

In *Drama*, students hone performance, script analysis, and production skills, preparing for pathways in acting, directing, or stage management. To learn more about the benefits of studying Drama, [click here](#).

Last week our Drama students were delighted to have performed their festival winning piece 'Wrong Place, Wrong Time' at the Merseyside Violence Prevention Graduation. The theatrical debut of the piece at the recent NOW Festival was professionally filmed and the performance will soon be available for viewing in the MYA channel on Youtube!

A level *Dance* develops expressive movement and choreography, with opportunities in performance, teaching, and fitness industries. Recently, dancers in our exam classes performed three pieces at the Dream Productions 'Stage Full of Stars' show at New Brighton's Floral Pavilion. Our A level dance students performed a group piece focusing on contemporary dance technique. This choreography was inspired by contemporary choreographers who have shaped the dance world as we know today, such as Marta Graham, Merce Cunningham and Glen Tetly.

Music encourages composition, performance, and theory, leading to careers in music production, performance, or education. Our course provides students with practical experience to help them develop the skills and knowledge that will equip them for employment within this broad and competitive sector, whether they wish to pursue a career in performance, management or production. If you want to know more about why you should study Music, [click here](#).

Finally, *BTEC Sport* offers students practical and theoretical knowledge in sport science, fitness, and coaching, supporting future roles in sports management, physiotherapy, and personal training. If you'd like to know Four Secrets from Sports Psychology that you can use in everyday life, [click here](#).

Across all these subjects, students gain valuable transferrable skills – creativity, communication, collaboration, problem-solving, and resilience – preparing them for success in any career or life path they choose.



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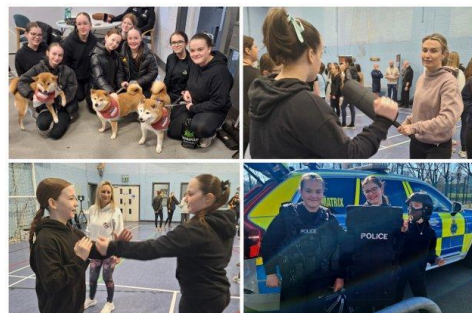
GCSE Revision Materials

Please [click here for a copy of a letter circulated by Miss Gawley](#) this week with details of revision materials aimed at students taking GCSE exams this summer.



Exploring Science Through Virtual Reality

Science students from across the year groups enjoyed a new perspective on human biology today with a VR Workshop from the Education Group. With a full complement of virtual reality headsets, the workshop saw students immersed at a microscopic scale inside the body, making analyses of the skeletal system and a first person view of a complete journey through the digestive system. Thanks to Education Group for a brilliant workshop!



VAWG Event With Merseyside Police

On Tuesday a group of Year 8 students attended the Merseyside Police and LFC Foundation Event for violence against women and

girls awareness. During the busy event students learned some self defence techniques from Blossom, spoke to officers from Merseyside Police about their work and had tremendous fun getting acquainted with the beautiful Merseyside Police therapy dogs. The students also got to question a panel that included inspiring people including Julie Dale, mother of Ashley Dale, and Liverpool boxer Natasha Jonas.



Slimy Fun In STEM Club

Students in STEM club on Thursday afternoon had great fun making slime and bath bombs! PVA and food colouring was out in plentiful supply as the students made stretchy, vibrant slime that bounced really well too! Alongside the slime the students learned about the constituents of bath bombs and set a few fizzing away at the end of the session! You can see pictures in the [full story on our website!](#)

Merseyside Youth Association's

**Mentors in
Violence
Prevention**

It's time to vote!

MVP Video Vote!

You can support our Year 10 MVP video in a public vote from nine finalists. Voting opens on Tuesday! The MVP video is part of the public vote which begins next week as a means of spreading MVP's message to friends, family and the wider school community. And it's almost time to gather those votes. The online public vote begins at **7am** this **Tuesday**

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18th March. The winning school will be the one with the most votes when polls close a week later at **5pm on Tuesday 25th March.** Voting takes place on the Collaborated Digital website at www.collaboratedigital.com/vote.



Strong Tournament Performance for Netballers

Huge congratulations to our Year 8 Netball team who competed in a city tournament on Monday. They finished the tournament in third place overall in their pool. They showed grit, determination, resilience and a huge amount of sportsmanship. We'd like to give a special mention to Erin, Phoebe, Imogen and Heidi who were all named as player of the match in their games.

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

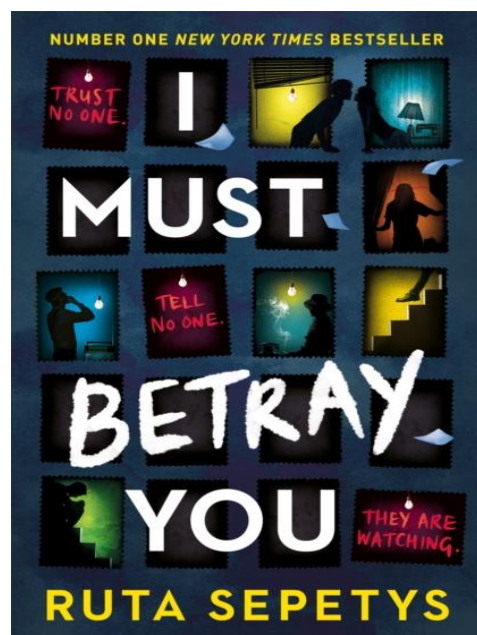
In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full

weeks of schools – that's 60 lessons! Remember, school attendance matters.



SEND Homework Club

We've introduced a homework club specifically for our students with SEND needs. Students in KS3 are welcome on Mondays from 3:15-4:00pm and students in KS4 are welcome on Wednesdays at the same time. The club is based in the Stars room and students are welcome to just turn up on the appropriate day!



Recommended Read for March

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'I Must Betray You' by Ruta Sepetys.

Cristian has lived his entire life in the grip of a repressive dictatorship. The country is governed by fear. When the secret police blackmail him, Cristian has an impossible

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choice. Save the life of his sick grandfather by informing on his family, or risk his life - and all of theirs - by resisting?

At 17, Cristian dreams of being free but doesn't know where to turn. In this climate of constant suspicion, can he trust his best friend, his girlfriend or even his family?

Closely based on the real events of the Romanian Revolution of 1989, this is a powerful, heart-breaking thriller from the author of Salt to the Sea, winner of the Carnegie Medal.



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns

with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm

Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk

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Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk
Liverpool Sensory Service
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or

prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse)

Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

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Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft

Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB
0151 488 6648

Children in care (under 18?) Polaris
Knowsley.EHWP@coreassets.com
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)