



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 24th June 2024

Forthcoming Dates for your Diary

26th June
Year 11 Celebration Event

27th June
Open Evening



Tears and Laughter as Curtain Rises for Year 10

On Monday and Tuesday audiences gathered to enjoy two evenings of Y10 GCSE Devised performances that showcase students creativity, script writing and acting. The evenings brought four performances that are submitted as exam coursework for the GCSE Drama award, and so the pressure was on for the students to deliver polished and convincing performances that drew a terrific audience response - one of the marking criteria. They didn't disappoint! You can [read more about the shows here](#).



Graduation for the Brilliant Club
Congratulations to the 22 students of the Brilliant Club who celebrated their graduation in at the University of Manchester this week! All of the students have been following the Brilliant Club Scholars' Programme which is a prestigious high level programme. The students worked with a PhD Tutor and completed 1,500 word assignments on either an Arts or a STEM strand.



Amey Engineering Challenge Cup 2024

As part of the celebrations for Women in Engineering Week, thirteen Year 10 students took part in what has become a brilliant annual event hosted by Catherine Downes and Sonia Smith of Amey Engineering, Speke. Saint Julie's were up against students from Co-op Academy in Bebington. Our

**ST. JULIE'S
STUDENTS
WHO ARRIVE
ON TIME
HAVE
HIGHER
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ABILITY**

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students were superb ambassadors for Saint Julie's, working together and using their STEM and creative talents to demonstrate incredible leadership, problem-solving skills and teamwork. They were challenged not only to design an improvement scheme for The Strand, but had to take into account environmental impact, traffic flow (cars and bikes) and pedestrians, optimising and enabling access to key architectural features, traffic lanes, roads, cycle lanes, pedestrian areas, crossings, traffic lights whilst considering materials, costs and specifications. Working in three teams facilitated by an Amey employee, they came up with amazing schemes. The challenge ended with individual team presentations explaining their designs, the rationale behind them and then responded a set of questions from the two judges who were both professional engineers - one from Amey and one from Wirral Council - which was no easy task, yet they rose to the occasion splendidly! There were real stars amongst our students and so much effort and great spirit that it was a shame that only one team could win. The winning team were Abi, Isabelle, Grace and Eleanor who were outstanding and were presented with a trophy to keep and vouchers to spend. Everybody was given a generous goody-bag to take away. Huge congratulations to the whole group - Charlotte, Charlotte, Ellie, Niah, Liley, Freya, Katie, Ava and Azuo. Equally huge thanks to Catherine, Sonia and Neil who were amazing guides. You can [see photos here](#).

Exam Results Day Information

Mrs McCourt has this week circulated letters to parents of students in Year 11 and 13 with important information about results day and the appeals process and post results service from the JCQ. You can find a copy of the letter to [Year 11 parents here](#) and to [Year 13 parents here](#). The document is

Live simply, sustainably and in solidarity

Focus: Live Sustainably

As the climate continues to warm, the UK can expect winters to continue getting warmer and wetter. Met Office projections suggest that, under an emissions pathway in line with current global policies, the average UK winter by 2080-99 will be 2C warmer and 11% wetter than they were in 1981-2000.

Tip: Live Sustainably

Only use what you need – whether it's electricity or water, If you're not using it, switch it off!

Lord, help us to be good stewards of Your creation. May politicians and leaders never cease to seek ways to slow down climate change, so we can preserve nature for future generations. Amen

lengthy and includes several other documents within it.



We want to say a great big
THANK YOU



St. Julie's High School

for donating a fantastic

£ 204.00

Everyone deserves good mental health and your support is vital in helping us achieve that.

Best wishes from the Events team

Registered charity no. 81550 (England), 003974 (Scotland)

Thank You From the Mental Health Foundation

We've received a thank you certificate from the Mental Health Foundation for our fundraising work on the 'Wear It Green' day. They've said to us: "I am just getting in touch to thank you, the staff and all the students at St Julies High School for raising an incredible £204.00 for the Mental Health Foundation by hosting a Wear It

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Green Day! Please see attached a thank you certificate. We really are so grateful for your support, and without the efforts of amazing supporters like you, we wouldn't be able to continue our vital work into preventing mental health problems and making good mental health a reality for all." Thanks for everyone who helped support the work of this fantastic charity.



Gresham Lectures

The Gresham Lecture series continues this month and the following lectures are now available on demand:

'Has the UK constitution worked or does it need reform?'
Lord Falconer, PC, KC. Monday
17th June. [Click here](#)

Plato's Cave: Thinking about Climate Change
Thurs 13th June. [Click here](#)

Gresham College has been providing free public lectures since 1597, making them London's oldest higher education institution. Their podcast offers recorded lectures that are free to access from the Gresham College website, or their YouTube channel. Sixth Form students could watch an on demand lecture to enhance their existing subject knowledge and as a means of wider reading to discuss in UCAS applications or interviews. There is a wide range of subjects covered from Science to Philosophy, from Art to AI. For the full list of what's on and to watch previous lectures, click here: [What's On | Gresham College](#)



Cake Sale for Cystic Fibrosis

On Friday morning Sophia and Stevie held a huge cake sale to raise funds for Cystic Fibrosis charities. They worked really hard to collect donations of sweet treats and the sale was hugely popular! Well done and thank you to everyone who donated or bought an item!

A poster for YPAS Children & Young Person's Wellbeing Support. It features a blue background with a circular graphic containing the words 'SUPPORT', 'SERVICE', and 'SOLUTION'. The text asks 'Does this sound like you?' and lists common mental health concerns: 'I wish I was more confident.', 'I can't switch off.', 'I can't do it.', 'Why can't I stop worrying?', 'What if I fail my exams?', and 'What if I look stupid?'. It provides contact information: 'referrals.liverpoolypas@nhs.net' and '0151 707-1025', along with a QR code and a 'scan here' label.

YPAS Wellbeing Support

YPAS are offering Children and Young People's Wellbeing Support with a 1 to 1 service. This service offers 1 to 1 support for young people experiencing low level anxiety, worry and low mood with the hope of preventing problems escalating and teaching young people skills to support their mental health. Referrals can be made by email to <mailto:referrals.liverpoolypas@nhs.net>.

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Wellbeing Parent Survey Feedback

Thank you to all of the parents who completed our recent survey on wellbeing. We'd like to [give you some feedback!](#) Please click on the link to read more about how we've acted on the information that you've given us and what we've put in place as a consequence.



The Liverpool ASD Training Team

Virtual group drop-in advisory sessions: The Liverpool ASD Training Team are providing a series of virtual drop-in advisory sessions via zoom. They are for parent/carers wishing to talk in a group setting and who have questions or concerns about their child. You do not require a diagnosis of ASD to book your place.

Dates and Times 1pm – 2.30pm
25th June 2024
26th June 2024
27th June 2024

To book your place please email asdtrainingteam@liverpool.gov.uk with a choice of your date and you will be emailed a zoom link. For more information about the service please view the Liverpool Local offer page.



St. Julie's Alumnus

Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

Year 10 Chemistry Revision Sessions

The planned day for Year 10 Chemistry revision sessions with Mrs Jones has moved from Tuesday to Wednesday. Revised dates and topics are below:

Date	Topic
26/6/2024	Moles- Higher
3/7/2024	Limiting Reactants- Higher
10/7/2024	Concentration of solutions



SEND Local Offer Live

The SEND Local Offer Live event for 2024 will be taking place at the Liverpool Guild of Students Building at the heart of the University

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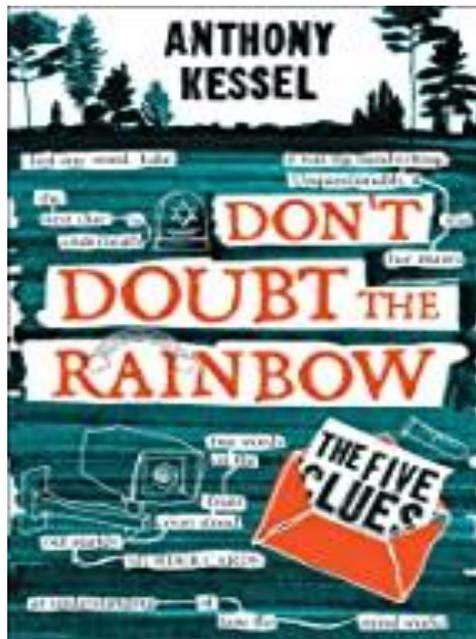
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Campus at 106 Mount Pleasant on 3rd July from 12-6pm. The event is a great opportunity to meet with services from health, local authorities, support groups, activity groups and third sector organisations all in one place. For further information please visit the [Liverpool Family Information and SEND Directory website](#)



Recommended Read for June

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'The Five Clues' by Anthony Kessel.

Walking back from her mother's grave, 13-year-old schoolgirl Edie Marble finds a note in a pocket of the sheepskin coat that she hasn't worn since the day, a year earlier, when she received the awful news of her mother's death. The note is from her mother, who had been looking into a corporate human rights violation and had become fearful for her life after receiving death threats. She trusts only Edie – because of their special bond and Edie's intelligence – and has laid a trail of clues for Edie to find that will help her to shed light on the violation and uncover the mystery around her death.

Through her wit and determination, Edie steadily gathers evidence and negotiates the dramatic twists and

turns of the story by collaborating with her friends and family to gradually unearth a sinister attempt by a pharmaceutical company to conceal their illegal development of a lethal virus.



Applications for Sixth Form Now Open!

The application window for students wishing to enrol at St. Julie's Sixth Form in September 2024 is now open. Students currently attending St Julie's can [apply here](#), and external candidates can [apply here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.

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Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's <https://learnliveuk.com/network-rail->

secondary-school-safety-talk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk
Liverpool Sensory Service
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

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Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text ‘SHOUT’ to 85258

PAPYRUS – Suicide prevention team
Phone:0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)
Rethink Mental Illness – supporting mental health all ages.
Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)
Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365

Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).