



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 24th November 2025

Forthcoming Dates for your Diary

23rd November
Jubilee World Youth Sunday

24th November
Year 11 Mock Examinations begin

25th November
White Ribbon Day

27th November
Year 7 Parents' Evening
3:45-6:00pm

4th December
Sixth Form Open Evening
4-6pm

18th December
Christmas Accessory Day



Sixth Form Scientists Compete at Physics Olympiad!

Our Sixth Form Physics students recently took part in an exciting Physics Olympiad hosted at the University of Liverpool, competing against 30 other schools from across the region. The event was packed with challenging and creative tasks designed to stretch their scientific thinking and teamwork skills. It was an inspiring day filled with discovery and collaboration. Our students represented the school brilliantly, and we are proud to share that our team finished in the top 10! You can [read more here!](#)



Year 10 Students Celebrate Mass

All Year 10 students celebrated mass on Monday and focused on the theme of the Eucharist and its importance to Catholics. Thanks to Fr Peter McGrail and Fr Ed Cain for leading the masses, and to our wonderful Year 8 and Year 9 students who served in Ministries of the Word and Music.



Remembrance and Thanksgiving Service

On Wednesday, we held our first Service of Remembrance and Thanksgiving in the chapel, offering a safe space for students, parents, carers and staff to reflect and pray for those loved ones who have died. Sr Catherine Darby and Sr Mary O'Brien were in attendance to remember those Notre Dame

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Sisters lost within the past year and Fr Peter McGrail represented our local Deanery priests.

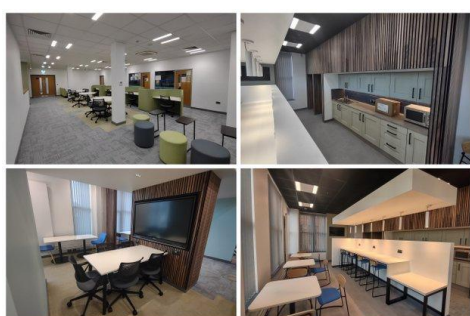
Led by our chaplain and Ministry students, the service included music, scripture, poetry and a beautiful opportunity to light a candle in memory of those who have died. The atmosphere was moving and meaningful for all who were there.

Eternal rest grant unto them O Lord and let perpetual light shine upon them. May they rest in peace. Amen



Year 7 Netballers Earn Top 3 Finish!

Congratulations to our Year 7 A Team of netballers who earned third place at the LSSP tournament this week! On Tuesday the team joined teams from 16 other schools across the city at Wavertree Tennis Centre for some great competitive matches. Some headline results include a 7-0 win over St Nicholas, a 5-1 against Alsop and a 4-1 against the Bluecoat A team. Well done to all of the players for enjoying the day with a great sporting attitude!



Sixth Form Open Evening

This Year Sixth Form Open Evening takes place on Thursday 4th December from 4-6pm. Please [click here for a copy of a letter](#) circulated to parents of students in Year 11 by

Mrs McCourt last week explaining why the best Post-16 option for your daughter might be nearer than you think!



Christmas Accessory Day!

Get ready to sparkle and shine this Christmas! We're inviting all students to take part in our **Christmas Accessory Day on Thursday 18th December 2025**, where they can add a festive touch to their uniform with fun accessories like festive hair decorations, tinsel, Christmas headbands, seasonal earrings, or any other creative festive touches. To take part in this joyful celebration, we're asking students to bring in a **small food donation** for our local foodbank. Their generosity will help support families in our community who need it most during the festive season. Items like tinned goods, pasta, rice, cereals, or long-life milk are always appreciated. Every donation, no matter how small, will bring warmth and hope to local families this Christmas. Let's come together to celebrate the season of giving whilst making a real difference to those around us.

Year 7 Parents Evening

On Thursday 27th November we are hosting an in-person Parents' Evening for parents and carers of students in Year 7. Appointment bookings are made through the Bromcom My Child At School phone app, or the [MCAS web portal](#).



Sixth Form spotlight!

In preparation for our Sixth Form Open Night this half term, we wanted to take the opportunity to shine a spotlight on the subjects offered at St Julie's Catholic Sixth Form.

Following on from last week's Creative focus, this week's newsletter edition highlights four thought-provoking and globally relevant A level subjects. In *Politics*, students explore political systems, ideologies, and current affairs, developing critical thinking and debate skills — ideal for careers in law, government, journalism, or public policy. To learn more about why A level Politics could be for you, [click here](#).

A level *History* delves into significant events and eras, helping students sharpen their research, analysis, and argumentation abilities, preparing them for roles in education, heritage, law, and media. As a discipline it nurtures essential transferable skills such as research, communication, problem-solving, adaptability, and global awareness; giving students a strong foundation for both the world of work and lifelong learning. To find out why you should study History, [click here](#).

We're delighted to offer *Travel and Tourism* again from September 2025 following recent qualification reforms. Travel and Tourism examines the global tourism industry, business operations, and customer care, with clear pathways into travel consultancy, event planning, hospitality management, and international business. [Click here to watch a short video](#) about studying Travel and Tourism.

In *Geography*, students study both human and physical environments, learning to interpret data and global issues — skills valued in urban planning, environmental consultancy, sustainability roles, and beyond. All these subjects.

Our current Year 13 students agree that we should study these subjects to deepen our understanding of the world — its politics, history, environments, and global industries — while developing the ability to think critically, communicate effectively, and problem-solve creatively. These subjects not only open doors to diverse and exciting careers; they also equip students with transferrable skills that will benefit them in every aspect of life and the world of work.

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White Ribbon Day

On the 25th November we're inviting students to wear white ribbons in their hair to support the white ribbon charity in ending male based violence against women and girls. Ribbons will be on sale during the school day. We are also asking for gift donations for the women being supported by South Liverpool Domestic Abuse Service in refuge this Christmas.



Youth Sunday Message from Archbishop Sherrington

This Sunday marks the Jubilee World Youth Sunday – an international initiative celebrating the place of young people in the life and mission of the Church. Archbishop John Sherrington has prepared a short message for the young people of Liverpool [which is available here](#).



Year 11 Mock Examinations

Mock Examinations for Year 11 start on the 24th November. A [master timetable is available here](#), but individual timetables with seating and room allocations will be produced for each student before the season starts. This individual timetable will also appear in the Bromcom Student App, installation instructions for which [can be found here](#).



Liverpool City Region deliver to Sixth Form!

On Thursday, Sixth Form students enjoyed an assembly delivered by Jen and Gill from LCR Careers. The Liverpool City Region's Be-More apprenticeship programme offers young people the chance to earn while they learn, gaining nationally recognised qualifications alongside valuable workplace experience. For parents, it's a reassuring pathway: apprenticeships provide structured training, a regular income, and clear progression routes into careers or higher education. Through the Be-More portal, families can explore hundreds of local opportunities across industries such as health, business, digital, and engineering. The platform also highlights real success stories, guidance on higher and degree apprenticeships, and practical tools to help students find the right fit. For parents supporting their child's next step, Be-More apprenticeships combine the best of both worlds : hands-on experience and academic achievement. We'd like to thank Jen and Gill for their time and look forward to welcoming them back again.

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Drop-in Flu Vaccination Clinic

With flu cases currently rising, the vaccination and immunisation team are offering a drop in flu vaccination clinic for any parents who have not yet completed a consent form but would now like their child to receive the vaccine.

The clinic is open on Sunday 23rd November from 13:30 to 15:30 at Kensington Health Centre on Edge Lane, L7 2PF.

If you would like to attend please [complete the online consent form](#) in advance.



Logging into GCSEPod

[Click here for the quick guide](#) to helping your child log into to GCSEPod, a fast paced, easily accessible and carefully curated set of revision guides, available right on their phones.



Responsible Parking

Please [click here to read a copy of a letter](#) circulated by Mrs McCourt last week referring to parking and stopping whilst picking up and dropping off students.



Healthy Schools and Controlling Infection

As we enter the period of seasonal illnesses we're working hard as a school to manage infectious diseases within the school community and following relevant guidelines. You can help to keep your child healthy by [considering this government advice](#). Most mild illnesses - such as a runny nose, sore throat, or slight cough - do **not** require time off school, unless your child has a temperature. There's [more guidance on that here](#). It's always helpful to book medical appointments outside of school hours where possible. Where this isn't possible, they should bring their child to school before, and return after, if they are well enough. Pupils can attend appointments in their school uniform.

Vaccinations are a key line of defence against flu and other preventable illnesses. When children and young people receive all the recommended vaccines in the national immunisation programme, it helps protect their health and support the wellbeing of the whole school community.

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School Age Immunisation Services (SAIS), commissioned by NHS England, deliver these free vaccinations in schools. This autumn, all school children in England (from reception to year 11) will be offered a [flu vaccination](#) at school. There's more information about vaccination programmes in secondary schools [here](#).



Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

Why Is Punctuality So Important?

- Sets good routines for life
- Ensures no learning is missed
- Minimises disruption for others

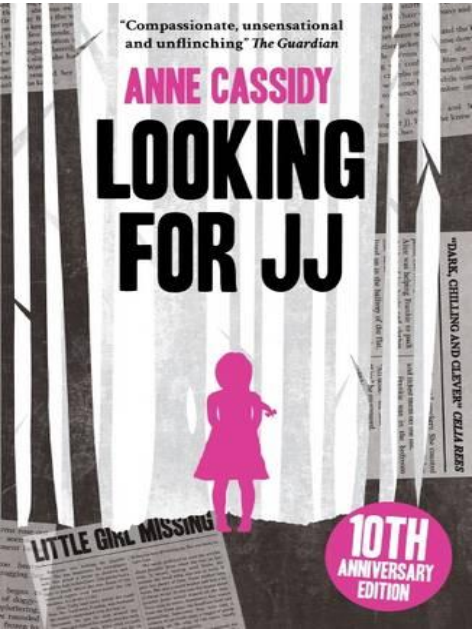
You can read our [punctuality procedures in detail here](#).

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full

weeks of schools – that's 60 lessons! Remember, school attendance matters.



Recommended Read for November

If you're stuck for reading inspiration why not take a look at our recommended read? This year's recommended reads are all coming from our students, and Faith's recommendation for November is 'Looking for JJ' by Anne Cassidy.

Looking for JJ

The book that shocked the nation now has a gripping sequel. What happens when kids kill? This isn't the cut-out story of a newspaper front page. It's the real, stark, human one. Looking for JJ was a game-changer: the kind of brave book that takes teen fiction into new places. The story of a girl who, aged ten, killed another child. As Anne Cassidy shows, this kind of story doesn't end when the news headlines die down. Or even when a notorious killer serves their sentence. They will be hated. They will be hunted. The world won't forgive and forget. People will always be trying to find Jennifer Jones

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Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare

Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your concern to seniss@liverpool.gov.uk
Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.
Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's <https://learnliveuk.com/network-rail-secondary-school-safety-talk/OccupationalTherapist> who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

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[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Neglect

Everyone deserves to feel safe, cared for, and to have their basic needs met. Being taken care of means that someone is giving us what we need physically and emotionally, as well as making sure individuals are getting an education and access to things like the doctor when needed. If you are struggling; or you think someone you know is being neglected, then it's important to get support. Click here [Neglect | Childline](#) to learn more about

accessing support; the types of support you could access. This page contains a contact number: 0800 1111; a contact form and offers different ways of obtaining help including a 1-2-1 chat with a counsellor [Get Support | Childline](#)

Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their [information leaflet](#) or [at the website](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults '[#It's abuse](#)'.
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

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Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0800 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really

positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB
0151 488 6648

Children in care (under 18?) Polaris
EHWB@coreassets.com
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)