



St. Julie's Catholic High School

Weekly Newsletter

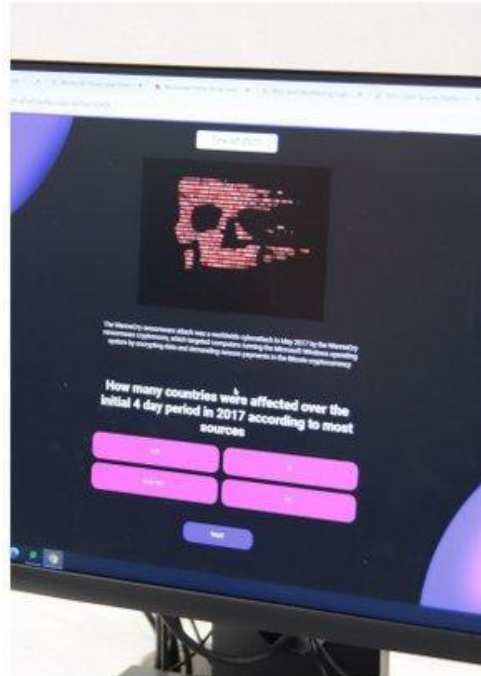
Week Beginning 25th November 2024

Forthcoming Dates for your Diary

25th November
Year 11 Mock Examinations Begin

28th November
Year 7 Parents' Evening
Students finish at 3pm

5th December
Sixth Form Open Evening 4-6pm



Students Take On Cyber Challenge!

St Julie's Computer Science students have been taking part in a tricky STEM challenge from Merseyside Police. The challenge uses their cyber skills to answer a series of questions, submitted in competition against other schools in Merseyside. The top scoring students will then compete in the finals which will take place on 4 and 5 March 2025 at Aintree Racecourse!



Pathways To Employment

The Pathways to employment programme has continued into this term in collaboration with The Big Trust, bringing a range of speakers in to talk to Year 10 students about employment and career opportunities. Last week students have enjoyed a talk from Kath and Sam from We Are Social Nation Marketing Agency and this week we look forward to welcoming speakers from PlayStation.

A Letter from the Headteacher



Consultation on Changes to the School Day

Please [click here to read a letter](#) circulated by Mrs McCourt with information about proposed changes to the school day. You can read more details in the letter, including information about how you can respond to the consultation.

**ST. JULIE'S
STUDENTS
WHO ARRIVE
ON TIME
HAVE
HIGHER
READING
ABILITY**

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W/C 25/11/24	AM		PM	
Monday	RE	105	Spanish (W)	75
Tuesday	English Lit	135	Sci Bio	105*
Wednesday	Maths	90	Dance	90
			Food	80
			Music	90
Thursday	English Lang	105	Sociology	100
Friday	Sci Chem	105*	Maths	90
Monday	Maths	90	RE	105
Tuesday	Sci Phys	105*	Business	90
			Geography	90
Wednesday	History	120	Sociology	60
Thursday	Business	90	Spanish (R&L)	60+45
	Geography	90		
Friday	PE	150	History	105
	Drama	105		
	Art Practical			

*Science exams are 75 minutes for Trilogy Combined science and 105 minutes for Triple Science

Year 11 Mock Examinations

Mock examinations for Year 11 students will commence on 25th November and run for two weeks. The overall exam timetable is shown above, but students will receive individual timetables on paper and available through the MCAS student app which is available to students now. Students should check their school email accounts for further information.



Year 9 and 10 Footballers Make Semi Finals

Congratulations to our combined football team from Years 9 and 10 who gave battling performances in the city tournament at Wavertree Tennis Centre this week. After getting through the quarter finals on goal difference, they came fighting back to make it all the way to the semi finals. The team narrowly missed out on a medal and took home a very worthy overall 4th place. Well done to all of the players!



Girls Out Loud Sisters Unite

This week we were delighted to welcome our 'big sisters' from Girls Out Loud, who took part in a workshop with their appointed little sisters. The mentoring project has been running throughout this academic year and follows a programme aimed at empowering young women to confidently make their way in the world. Thank you to all of the mentors for giving their time to come into school and support our students.

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Music Teachers Spin The Wheels Of Steel

St. Julie's saw music teachers from across the city gather this week for an instructional workshop in the art of DJing! In a session designed to support the delivery of the DJ performance in the music GCSE, teachers were all hands on decks under the watchful eye and instruction of professional DJ [A Me B](#), who led the team through the rudiments of modern equipment and techniques through to some advanced mixing methodologies. The session was co-ordinated by Steve Oates in conjunction with Resonate Liverpool. Thanks to everyone who came along, including staff from St. Hilda's LIPA, St. John Bosco, Deyes High, Belvedere and Calderstones!

Every Day Counts!

At St Julie's Catholic High School we work hard to ensure that all students attend school and are here on time. For every day your daughter is in school she will be entered into the attendance prize draws run weekly by our Progress Leaders. Plus, if your daughter is able to tell a member of staff what her attendance is when asked she will be given a raffle ticket for an extra prize draw every Friday.

Every week in assembly we celebrate attendance and good punctuality! At the end of each term we celebrate those who have good or improved attendance in the Merit Cup were there are a large number of individual prizes and Form Class prizes given out!

Remember:

- Breakfast is available in the canteen every morning from 8am
- The LRC is also open from 8am
- The main gates close at 8:40am and students arriving after this time will be marked as late
- We ask that all students are through the main gates before 8:40am ready for am registration
- School starts at 8:45am

Thank you,
The Attendance Team



Year 7 Parents' Evening

Year 7 Parents' Evening takes place on Thursday 28th November and all students will finish school at 3pm on that day. Appointments are booked via the Bromcom Parent App.



Parent Webinar: County Lines in Merseyside

The Ivison Trust are hosting an online webinar for parents on 5th December from 6-8pm exploring County Lines in Merseyside, aiming to give parents the knowledge that they need to be able to talk confidently to their children about this subject, and to recognise warning signs on involvement.

Topics include:

- Learn what county lines is

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Our Christmas Card competition is back for 2024!
We're opening the competition to all students from Year 7 to Year 13 and the brief is quite simple. Make a beautiful Christmas card that:

1. Has a religious element
2. Is your own work
3. Is designed on A3, A4 or A5 paper (either portrait or landscape)

Entries close on 2nd December and Mrs Bell has all the details!

Christmas Card Competition 2024

- Understand what is happening in your local area
- Learn how exploiters groom children
- Understand the signs that your child might be at risk
- Know where to access support and advice if you have concerns

You can get more information and [register here](#).



Liverpool ASD Training Team

Liverpool City Council ASD Training Opportunities

The ASD training team from Liverpool City Council are hosting a number of training events in the coming weeks.

Date: Monday 26th November
Time: 9.30am – 12 noon
Venue: Zoom

If you have early concerns about social communication and interaction or your child is awaiting assessment from the ASD pathway, the team would like to offer you the opportunity to attend the above workshop on Social Communication

and Social Behaviour (Both session dates need to be attended). At this time the above workshop will be facilitated via a Zoom meeting. If you wish to attend please contact the team on the email below and they will forward a zoom invite via your email address. You can use a computer, tablet or phone to access zoom.

Email: asdtrainingteam@liverpool.gov.uk

December 2nd, 4th, 5th, 10th, 11th, 12th, 13th 16th, 17th, 18th with sessions at 1-1:45 and 2-2:45pm.

The Liverpool ASD Training Team are providing a series of virtual drop in advisory sessions via zoom. They are for parent/carers wishing to talk in a private one to one setting about any questions or concerns they may have about their child. You do not require a diagnosis of ASD to book your place. To book your place please email asdtrainingteam@liverpool.gov.uk With a choice of your date and time and you will be emailed a zoom link.

Virtual group drop-in advisory sessions

The Liverpool ASD Training Team are providing a series of virtual drop-in advisory sessions via zoom. They are for parent/carers wishing to talk in a group setting and who have questions or concerns about

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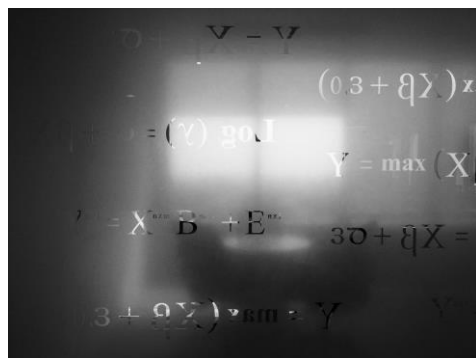
Dates and Times 1pm – 2.30pm

26th November 2024
 27th November 2024
 28th November 2024
 3rd December 2024
 6th December 2024

To book your place please email asdtrainingteam@liverpool.gov.uk

With a choice of your date and you will be emailed a zoom link.

For more information about our service please view the Liverpool Local offer Page / Liverpool ASD training team for future training and Workshops.



Congratulations Mathematicians!

Well done to the following students who achieved the highest XP (Sparx experience) points in their Maths homework for the week 08/10-015/10. All students will be given a certificate from their maths teacher.

Year 7:

1. Isabella F
2. Esme C
3. Isabella B

Year 8:

1. Lola-Rose H
2. Bonnie P
3. Molly M

Year 9:

1. Taylor J
2. Grace C
3. Natania C

Year 10:

1. Charlotte M
2. Maria M
3. Anna L

Year 11:

1. Gracie M
2. Pasty D
3. Freya F

FACE	
WINTER TIMETABLE	
Talks are delivered online via zoom 7pm to 9pm £24 each If you can't make the date ask for the link to the recording, available for 48 hours afterwards Book online at facefamilyadvice.co.uk go to the PARENT page	
FREE - Decreasing Depression FREE - Anxiety Explained	25 NOV 20 JAN
What is ACT?	26 NOV, 21 JAN
Understanding Addictive Behaviour	28 NOV
Supporting a Child with ADHD	5 DEC, 2 JAN
Understanding Anger	16 DEC, 13 JAN
Facing Defiance	17 DEC, 14 JAN
Supporting Healthy Screen Use	19 DEC, 16 JAN
Anxiety-Based School Avoidance	7 JAN
AUTISM: Improving Communication	9 JAN
Raising Self-Esteem	27 JAN
Supporting Healthy Sleep	28 JAN
Improving Family Communication	4 FEB
Introduction to OCD	18 FEB
facefamilyadvice.co.uk info@facefamilyadvice.co.uk	

Face Family Advice Winter Timetable

Face Family Advice, an independent company, have published their winter schedule of family advice zoom conferences. Please be aware that many of these sessions are chargeable at £24 per session, but free sessions are available for 'Decreasing Depression', 'Anxiety Explained' and an on demand session for 'Understanding the Teenage Brain'. You can [find more information here](#).

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100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



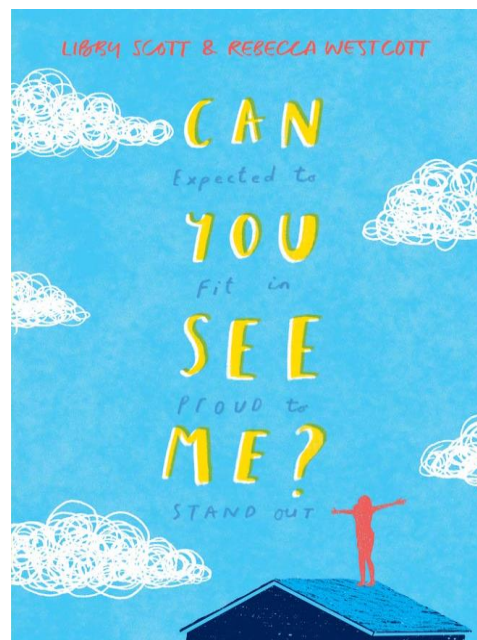
SEND Homework Club

We're introducing a homework club specifically for our students with SEND needs. Students in KS3 are welcome on Mondays from 3:15-4:00pm and students in KS4 are welcome on Wednesdays at the same time. The club is based in the Stars room and students are welcome to just turn up on the appropriate day!



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).



Recommended Read for November

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Can You See Me?' By Libby Scott and Rebecca Westcott.

*Tally is **eleven years old** and she's **just like her friends**. Well, **sometimes** she is. If she tries **really hard** to be. Because there's something that makes Tally **not** the same as her friends. Something she can't cover up, no matter **how** hard she tries: Tally is **autistic**. Tally's autism means there are things that **bother** her even though she **wishes** they didn't. It means that some people **misunderstand**, her and feel **frustrated** by her. People think that because **Tally's autistic**, she doesn't realise what they're thinking, but Tally sees and hears - and notices - **all of it**.*

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And, honestly? That's not the easiest thing to live with.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.
Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.
Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.
Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's <https://learnliveuk.com/network-rail-secondary-school-safety-talk/OccupationalTherapist> who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk
Liverpool Sensory Service
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a

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parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It's abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)
Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)
Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

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Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.