



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 27th January 2025

Forthcoming Dates for your Diary

29th January
Year 11 Poetry Event

12th February
20th Anniversary of
Martyrdom of Sr.
Dorothy Stang



Animate Ministry Lead Confirmation Workshop

This week, we welcomed Father Simon Gore and Lauren from Animate Youth Ministries into school to speak to all of Year 8 about the Sacrament of Confirmation. Through a game of 'Who wants to be a millionaire?' Lauren demonstrated to students how difficult it can be to make choices and deciding who to listen to. By receiving the Sacrament of Confirmation, it can help guide us as we navigate our way through life and growing up. Registration for Confirmation is open to baptised Catholics in Year 8 and above until 17th March via www.liverpoolcalled.co.uk. If you miss the deadline, contact your local parish.



U15 Footballers Progress in Merseyside Cup!

Last week our U15 football team faced Chesterfield in the Merseyside school cup. They won the match 3-1 displaying a brilliant performance! They have now reached the Quarter Finals against West Kirkby with the fixture having to be played before March. Well done to all those involved.



Sweet success for Lourdes Fundraising!

Y12 students Julia and Lucy have launched their Lourdes Pilgrimage fundraising with a fantastic cake sale this week. In July, they will travel with hundreds of young people across the Archdiocese to support assisted pilgrims for a week of rest, prayer and joy in Lourdes. This will be the third year running that they have travelled to Lourdes

**ST. JULIE'S
STUDENTS
WHO ARRIVE
ON TIME
HAVE
HIGHER
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ABILITY**

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and each year they have had fundraising activities to help subsidise the travel costs. Y13 student, Cara will also be joining them on Coach One for a second year running. This cake sale has set them off to a great start, raising a total of £269.06! Thanks to everyone who supported them!



SACRAMENT OF CONFIRMATION 2025

If you are in year 8 and would like to receive the sacrament of confirmation.

Registration is open:
13th January 2025-17th March 2025

Register at:
Liverpoolcalled.co.uk

Confirmation Letter to Parents

Archbishop Malcolm has written a letter explaining the Confirmation registration and preparation process which has been sent out to all Y8 parents. The letter can also be [found on the Chaplaincy website](#).



Year 11 Parents' Evening

On Thursday we welcomed students from Year 11 and their Parents and Carers into school to discuss progress at our Parents' Evening. During the evening students received their mock exam results for the first time, replicating their experience on results day. Thank you to all of the parents and

carers who made the time to join us – we hope you found the event helpful and informative.



Jubilee 2025: Pilgrims of Hope

Pope Francis has decided that **2025 will be a year of Jubilee**, something which happens every 25 years.

The 2025 Jubilee Year began on Christmas Eve 2024 but it is being **launched in schools on 24th January!** It will conclude on 6 January 2026. In the Catholic Church, a Jubilee or Holy Year is a special year of forgiveness and reconciliation, in which people are invited to come back into right relationship with God, with one another, and with all of creation. The theme is "Pilgrims of Hope", and is a year of hope for a world suffering the impacts of war, the ongoing effects of COVID-19 pandemic, and a climate crisis. The Jubilee Year is an opportunity to respond to God's call to turn to him and to pursue justice. In the Jubilee Year of 2000 many Christians joined together to call for cancellation of debt owed by the world's poorest countries. Often people will go on pilgrimage during a Jubilee year, to Rome or another holy site. Pope Francis writes:
"Pilgrimage is of course a fundamental element of every Jubilee event. Setting out on a journey is traditionally associated with our human quest for meaning in life. A pilgrimage on foot is a great aid for rediscovering the value

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of silence, effort and simplicity of life." (Spes non confundit #5)



Girls Out Loud Mentoring Visit

On Wednesday this week we welcomed our 'big sisters' into school – the team of mentors working with students through the empowering Girls Out Loud programme. Our visitors spent time with their individual little sisters in one to one activities. Thank you to all of the volunteers from Girls Out Loud for giving their time generously.



Year 8 Athletes Make It To Final!

Congratulations to all of the athletes who participated in the Indoor Athletics competition at Greenbank on Wednesday. After a rigorous round of track events and field events our year 8 team took home a fantastic third place, securing a place in the Merseyside finals! We'd also like to offer a massive well done to the Year 7 team who also had a great competition, only narrowly missing out on a place in the final.



Netballers Compete at St Hilda's

Well done to the Year 7, 8 and 9 netball teams who competed against teams from St. Hilda's on Monday evening. All three teams showed great determination but narrowly missed out on wins. Congratulations to their worthy opponents who took the honours this time.

| | | |
|------|-----------|--------------------|
| 100% | 0 days | 0 lessons missed |
| 99% | 1 day | 6 lessons missed |
| 98% | 3 days | 18 lessons missed |
| 97% | 1 week | 30 lessons missed |
| 96% | 1.5 weeks | 45 lessons missed |
| 94% | 2 weeks | 60 lessons missed |
| 93% | 2.5 weeks | 75 lessons missed |
| 92% | 3 weeks | 90 lessons missed |
| 90% | 3.5 weeks | 105 lessons missed |

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



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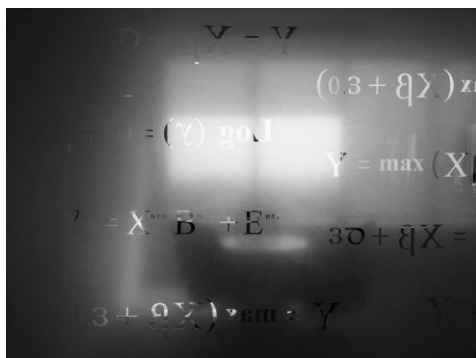
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SEND Homework Club

We've introduced a homework club specifically for our students with SEND needs. Students in KS3 are welcome on Mondays from 3:15-4:00pm and students in KS4 are welcome on Wednesdays at the same time. The club is based in the Stars room and students are welcome to just turn up on the appropriate day!



Congratulations Mathematicians!

Well done to the following students who achieved the highest XP (Sparx experience) points in their Maths homework for the week 15/01-22/01. All students will be given a certificate from their maths teacher.

Year 7:

1. Darcy L
2. Bella H
3. Lily B

Year 8:

1. Freya H
2. Jasmine K
3. Ava P

Year 9:

1. Natania C
2. Ellie D
3. Amelia H

Year 10:

1. Ellie M
2. Ava D
3. Isabella W

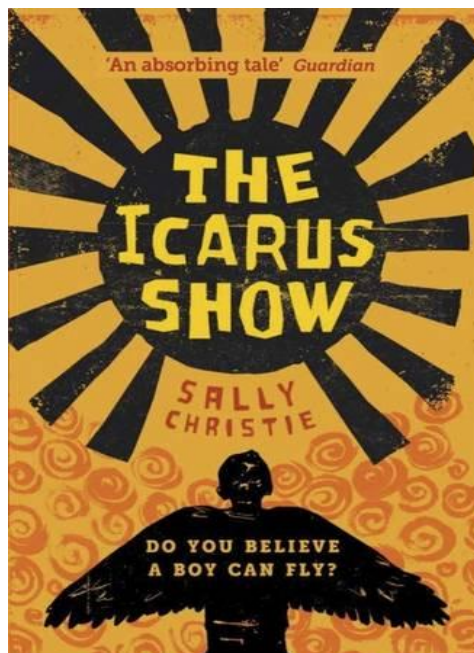
Year 11:

1. Limar A-S
2. Amelia F
3. Sara E



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).



Recommended Read for January

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'The Icarus Show' by Sally Christie.

Alex has worked out a foolproof way to avoid being picked on. Don't React. It's so simple, it's brilliant! David does react and becomes an outcast, nicknamed Bogsy. He's branded a weirdo, and Alex is determined to avoid the same fate. But one day, Alex gets a note in his bag that forces him out of his safe

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little world. Who sent the note? And is it true - will a boy really fly? A powerful story about friendship, loneliness and a strange kind of genius.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies. Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your concern to seniss@liverpool.gov.uk
Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies. Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.
Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk
Liverpool Sensory Service
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing

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your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email

address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm -

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10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.

Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair

Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365

Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB

0151 488 6648

Children in care (under 18?) Polaris Knowsley.EHWP@coreassets.com 07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse

[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)