



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 27th September 2021

Forthcoming Dates for your Diary

27th September
Girls Network
introduction for Year
10 cohort

29th September
Year 9 and 10 Study
Support Evenings



Welcome to Our Year 11 Prefects!

Our Year 11 Prefects can walk with pride as they have been inaugurated in their new roles. The commencement ceremony took place in the Chapel, with inspiring words from school leaders and our Chaplain. Resplendent in their gowns of office, the prefects were presented with their badges and certificates. We wish them every success in their new role. [Check out the pictures here!](#)



Sixth Form Welcome Breakfast!

Our Sixth Form students have enjoyed a social activity together as all students gathered for a wellbeing welcome breakfast! The event was in response to health and wellbeing student ambassadors feeling that pandemic restrictions had taken a toll on Sixth Form students engaging with each other as a community. [Check out the photos here!](#)



The Girls' Network Present: Emma Case

It was a pleasure to welcome back photographer Emma Case to continue her ongoing project with Year 11 students as part of the prestigious Girls' Network programme. Emma is the current artist in residence with the Open Eye Gallery where she works with community groups in process led photography workshops.

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Chaplaincy Instagram:

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Covid-19 Vaccines Offered 12-15 Year Old Students

Mersey Care have asked us to circulate the following message to all parents of students aged **between 12 and 15** at St. Julie's:

"Dear Parents/carers,

This autumn all children aged 12 to 15 years are being offered the first dose of the COVID-19 vaccination. Vaccinating children should help to reduce the need for children to have time off school and to reduce the risk of spread of COVID-19 within schools. The COVID-19 vaccination programme in secondary schools will therefore provide protection to children who are vaccinated and help to reduce disruption to face to face education this winter.

Please click on the below to see further information from the Immunisation team and access your child's electronic consent form.

We kindly request you could complete this before Midnight Sunday 26/09/2021 to support campaign planning <https://forms.merseycare.nhs.uk/covid-19-vaccination/>"

Mersey Care have subsequently advised us that there are some browser compatibility issues with the form. If you are having problems using it, please try a different browser if you can. Google Chrome is known to work correctly.



Traffic Watch!

Geography students in Year 8 have been investigating pollution rates this week with some traffic surveying. From the safety of the school grounds our students have a

great vantage point on busy Speke Road, and they conducted timed surveys monitoring the frequency of passing pedestrians, cyclists and motor vehicles, which were recorded in several different categories. This helps students to build an understanding of local traffic movements and pollution rates, as well as giving an insight into how environmental monitoring happens in the real world.



A Monstrous Effort from Year 7

English students in Year 7 have been studying Beowulf and considering the presentation of 'Grendel'. This led to some monstrous creations! Students were asked to create their own gothic monsters, labelled with appropriate features and a paragraph describing the monster's movement and appearance. The results included some fantastic work, with some highlights shown here. We wouldn't want to bump into any of these monsters on a dark night!



World Peace Day 2021

Each year the International Day of Peace is observed around the world on 21 September. The UN General Assembly has declared this as a day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire. This year, students from the 1804 Society and our Chaplain

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were invited to lead the global Notre Dame community in a 'Prayer Pause' for peace and produced a video that was sent out to all Notre Dame schools across the world. Appropriately, the prayer for peace ended with the ringing of the peace bell here at St. Julie's. You can [watch the video here](#).

Girls Network Programme Commences for Year 10

On Monday 27th September representatives from the Girls' Network will be introducing the mentoring programme to students in Year 10, running alongside the continuing programme in Year 11.



Take Smartphone Control

Downloading a new app or game is so quick and straightforward that, whenever a young person uses a smartphone (either their own or a parent's) there's always the possibility that they could expose themselves to inappropriate content (such as games with violent scenes or apps with adult themes) simply by sheer accident or, more likely, through youthful curiosity. Fortunately, the parental controls you'll find on most smartphones are an excellent way of minimising this possibility. They don't completely remove the element of risk – but they *do* limit it considerably. These short guides steer you through the process of setting up this useful protection on [iPhone](#) and [Android](#) smartphones.



Bake Off for European Languages Day!

European Languages Day, celebrated on 26th September, is ushering in its 20th anniversary of celebrating linguistic and cultural diversity. We're inviting students to join the celebration through the medium of cake! We're inviting students to flex their cake decorating skills in any kind of celebration of European language or culture. You can use a bought cake or a home back as your base – it's all about the looks! Entries can be either by a photograph emailed to Miss Buckton or by bringing the cake in. The closing day for entries is Monday 27th September, so why not give it a whirl over the weekend?

Performing Arts Extra Curricular Programme

	Monday	Tuesday	Wednesday	Thursday	Friday
Year 7	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am
Year 8	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am
Year 9	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am
Year 10	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am
Year 11	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am
Year 12	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am

Performing Arts Extra Curricular Schedule

The schedule of activities for the Performing Arts department for the current academic year has now been published and is [available for viewing on our website](#).

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Kooth and Qwell

Information Session

On Wednesday 13th October Kooth and Qwell are hosting a virtual session introducing their Kooth and Qwell mental health and wellbeing services. The event will take place at 6pm and is aimed at both young people and their parents. The Kooth service is aimed at people aged 10-25 whilst Qwell serves those 26+. You can find more information in [this invitation letter](#) to parents and carers.

Year 11 Revision

Timetable

The recommended schedule of revision for students in Year 11 has been published for the 2021/22 Academic Year and [can be found here](#).



St. Julie's Catholic High School Remote Education

Student and Parent Guide

Remote Education Guide

An updated remote education guide booklet is available to view here. This document offers advice on how to access school resources like the VLE and email, and how to install

Office 365 on your computer at home.



Don't Know How To Pray?

If you're not sure where to begin with prayer and meditation, our Chaplain recommends the 'Hallow' service. **This offers a 14 day trial after which the service becomes chargeable.** She says: *"Hallow app is an easy to use app that helps you do both of these and more! I have been using it religiously (pardon the pun) and it is a great way to build peaceful time into your daily routine – play it in the car or put your earphones on and away you go! I'm certainly not on commission with this, but I do recommend it! If you lack confidence in how to pray or are struggling to sleep at night, select your music and meditation and the app guides you through it. There is a 14 day FREE trial after which you can decide to subscribe or cancel. More information is available at <https://hallow.com/> Jo Wallace, Lay Chaplain"*



Recommended Read

Our recommended read for the month of September is 'Matilda', a work from our author of the month, Roald Dahl.

Matilda Wormwood's father thinks she's a little scab. Matilda's mother spends all afternoon playing bingo. And Matilda's headmistress Miss Trunchbull? Well, she's the worst of all. She is a big bully, who thinks all

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her pupils are rotten and locks them in the dreaded Chokey. As for Matilda, she's an extraordinary little girl with a magical mind - and now she's had enough. So all these grown-ups had better watch out, because Matilda is going to teach them a lesson they'll never forget.

Matilda is also a phenomenally successful, award-winning London stage musical, adapted for the stage by Dennis Kelly with music by Tim Minchin.

Academic Calendar for 2021-22

A print friendly version of the Academic Calendar for 2021-22 has been published for parents and a copy is [available here](#). As you will be aware, events are sometimes subject to change and the most up to date version can always be found in the calendar on our website.

Chaplaincy Instagram

If you're an Instagram fan why not follow the St. Julie's Chaplaincy Instagram account for information on school chaplaincy, local parish and Archdiocese events and some fun videos and memes along the way too!

Follow us at stjuliesl25



Careers Updates

Careers updates this week include some great forthcoming NHS careers events, including a virtual event in the half term. We've also got some information from tech giant IBM about opportunities for school leavers. You can find all the information, and more, on our [Careers Website](#).

Curriculum 2021-22

Please [click here](#) for an overview of the whole-school curriculum.

KS3 Assessment 2021-22

Please [click here](#) for an overview of the KS3 Assessment Framework.

Remote Education

From September 2021 schools must continue to provide remote education for students who must self-isolate due to Covid-19. A copy of the school policy on Remote Education can be [found here](#).



SEND Support Helplines

Helplines for Settings and Families In response to the current coronavirus pandemic, Liverpool Local Authority's SEND Support Services would like to offer advice and support to our settings and families during this difficult time.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm

Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

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ASD Training Team:
07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.
Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to
ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in

the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse have increased during periods of lockdown. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults '[#It's abuse](#)'.
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

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Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Covid Reporting

Please continue to review the [information sent out each week in the bulletin](#) with regard to the importance of notifying school immediately if your child tests positive for COVID-19. Please continue to contact school in any of the normal ways - the main switchboard (0151 428 6421) during working hours; or reception@stjulies.org.uk or safeguarding@stjulies.org.uk for out of hours notifications. School have taken all reasonable steps to raise awareness of this. Thank you.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).



Covid-19 Information and Risk Assessment

All parent/carers can access the school's Covid-19 risk assessment [here](#).