



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 28<sup>th</sup> April 2025

### Forthcoming Dates for your Diary

**26<sup>th</sup> April**  
Funeral of Pope Francis

**1<sup>st</sup> May**  
Year 10 Parents' Evening



### First Place At 'Big Dance Off'!

Congratulations to our team of 34 dancers who completed in the regional 'Big Dance Off' competition on Wednesday evening. Dancing in two separate performances for junior and senior dancers, our Key Stage 3 team netted first place among the 34 acts, securing a place in the national final! Congratulations to all of our talented performers!



### Year 8 Take On a Faraday Challenge!

Students from Year 8 have taken part in the Faraday challenge day this week, run by the IET. The Faraday Battery Challenge had students working in teams to develop new battery technologies. Each team designed and built one prototype which; is capable of using a battery, can help someone with a specific need, or is an educational toy. [Read more here!](#)



### Year 9 Footballer Raises Trophy!

Congratulations to Amelia in Year 9, who during the Easter break lifted the JPL PGA Football Trophy as part of the Blackburn Rovers U14 Academy team! The team contested the final against Bristol City and with a great performance from Amelia between the sticks secured the trophy with a 2-1 victory. The following week Amelia had her review meeting with her club and was delighted to have earned the

**ST. JULIE'S  
STUDENTS  
WHO ARRIVE  
ON TIME  
HAVE  
HIGHER  
READING  
ABILITY**



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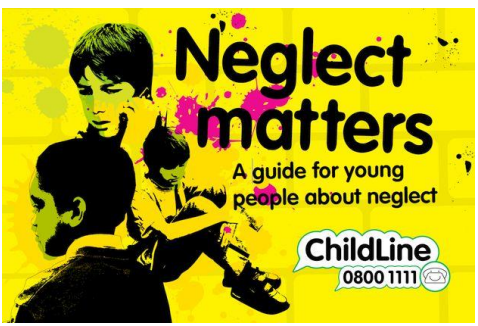
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## Remembering Pope Francis

On Thursday the entire school community united in a reflection in honour of the late Pope Francis. Following his example, our service was simple and meaningful, with our Chaplain leading us through prayers for the head of the Catholic Church across the globe before a respectful two minute silence. The funeral of Pope Francis will be held in St. Peter's Square on Saturday.

offer of a 2 year contract with the Pro Game Academy U16s squad. We're very proud of Amelia's achievements which speak of enormous amounts of dedication and hard work. We wish her every success progressing with her career in football, and we look forward to bringing you more news of future success!



## Looking Out for Each Other: Understanding Neglect

At school, we want to make sure that every student feels safe, cared for, and supported. Sometimes, people might not get all the things they need to be happy and healthy, like enough food, warm clothes, or

someone to check in on how they're feeling. This is called neglect, and it can be tough to talk about. If you ever feel like you're not getting the care you need or notice a friend who might be struggling, it's always okay to reach out for help. Talking to a trusted adult can make a big difference. Childline has a helpful booklet called 'Neglect Matters', which explains what neglect is and how to get support. [You can find it here.](#) If you'd rather talk to someone in school, or you're worried that someone you know may be struggling, please speak to your Form Tutor, your Progress Leader; our Chaplain, any of our Pastoral Support Team or a member of the Safeguarding Team who are always happy to listen and help. You're never alone, and there are always people who care and want to support you. If you are a parent or carer, Barnardo's has a number of useful resources here: [I'm looking for support with being a parent or carer | Barnardo's](#)

# Sixth Form spotlight!

This week's subject spotlights celebrates four subjects at the very heart of scientific discovery and problem-solving.

In A level *Biology*, students explore living systems, genetics, and ecosystems, preparing for careers in medicine, veterinary science, research, and environmental conservation.

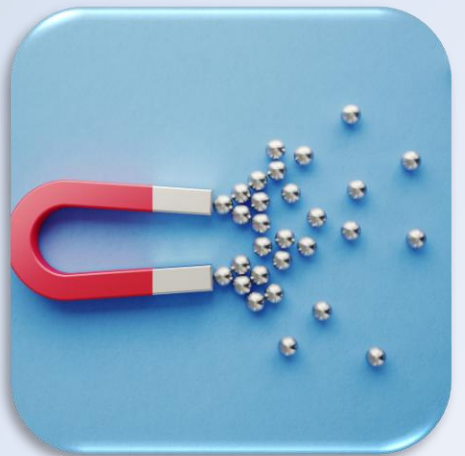
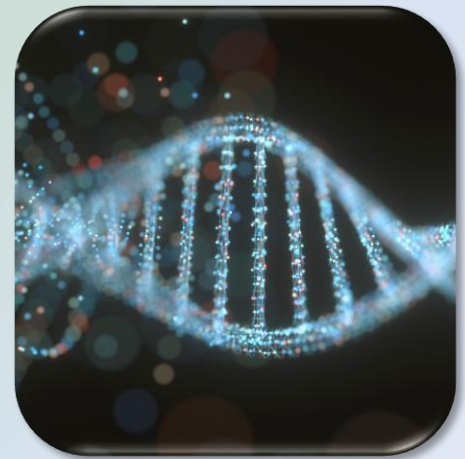
*Chemistry* focuses on the composition of matter and chemical reactions, leading to opportunities in pharmaceuticals, forensic science, engineering, and healthcare.

*Physics* unravels the laws of the universe, from forces to quantum theory, opening doors to careers in engineering, technology, data science, and space exploration. To learn more about why you should think about studying Science at St Julie's Catholic Sixth Form, [click here](#).

In *Maths*, students develop advanced problem-solving, logical reasoning, and data analysis skills — highly valued in finance, computing, engineering, and actuarial work. [Click here to read an article](#) about the benefits of studying Maths at A level.

If students want to study an additional qualification alongside their chosen A levels, Core Maths could be a challenging and interesting choice.

Studying AS Level Core Maths in Year 12 helps students strengthen their practical maths skills, supporting subjects like Science, Geography, Psychology and Business. It develops confidence with real-world applications such as data analysis, financial calculations, and logical reasoning — all highly valued by universities and employers alike.





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## While You Were Away...

Like most school holidays, the Easter break saw a huge amount of activity going on around school! We had the installation of new carpet and new wall art as well as extensive areas of painting and decorating using specialist equipment that can only be brought in when students are out of school. We had enormous amounts of servicing, auditing and equipment checking, including a full service of all emergency lighting and cleaning and servicing of the heating and ventilation systems. Whilst contractors were hard at work, we still had some staff and students on site with some tremendous work going on in revision classes across lots of GCSE and A Level subjects, all of which were very well attended.



## LPPA Certification Complete!

We've now received our certificate recognising our accreditation for the nationally recognised award in Leading Parental Partnerships!

The assessment took place in February and considered evidence from dozens of criteria, assessing parental engagement across all aspects of school life, from our initial interviews in Year 6 through to our Leavers' Mass in Year 13. The assessor met with staff, students, parents, governors, and representatives from external agencies. Thank you for continuing to help us in maintaining strong links between home and school!



## GCSE Revision Materials

Please [click here for a copy of a letter circulated by Miss Gawley](#) recently with details of revision materials aimed at students taking GCSE exams this summer.

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

## The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.

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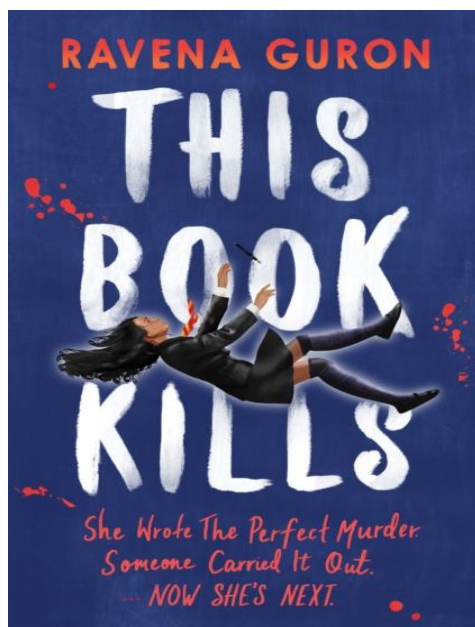
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### Recommended Read for April

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'This Book Kills' by Ravena Guron.

*When Hugh Henry Van Boren, one of the most popular and richest kids in Jess Choudhary's school, is found dead, the student body is left reeling and wondering who the murderer could be... Jess, a student under strict instructions to keep her record clean or risk losing her scholarship, finds herself at the centre of the investigation when it's revealed that Hugh died in the exact same way as a character in a short story she wrote.*

*And then Jess receives an anonymous text thanking her for the inspiration. With time running out, Jess knows if she doesn't solve this mystery, she'll finally have something in common with Hugh Henry.*

*She'll be dead too.*



### Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

### Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



### Education Welfare Helpline

New for September 2023 is an Education Welfare



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Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm  
Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)  
**Educational Psychology Service Helpline: 0151 233 5978**

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.  
Monday to Friday: 9am – 4.30pm  
Alternatively, you can email your concern to [epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854  
Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm  
Alternatively, you can email your concern to [ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)

### Children's Occupational Therapy Service

Please contact the Children's <https://learnliveuk.com/network-rail-secondary-school-safety-talk/> Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

### Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

[sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

## Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

### Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

### Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

### Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital

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resource for adults [‘#It’s abuse’](#).

- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### RASA (Rape and Sexual Abuse)

**Merseyside** is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email [referrals@rasamerseyside.org](mailto:referrals@rasamerseyside.org) or visit our website [www.rasamerseyside.org](http://www.rasamerseyside.org)

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety

**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk/>

**MIND** – Meeting mental health needs

**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD

**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

### Give Us A Shout

Immediate support by text for people of all ages.

<https://giveusashout.org/>

**Text ‘SHOUT’ to 85258**

**PAPYRUS** – Suicide prevention team

**Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.

**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair  
**Phone: 116 123 (free 24 hour helpline)**

### Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

### Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

### Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB  
0151 488 6648

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Children in care (under 18?) Polaris  
[Knowsley.EHWP@coreassets.com](mailto:Knowsley.EHWP@coreassets.com)  
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse  
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) [ruby@pss.org.uk](mailto:ruby@pss.org.uk)

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)