



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 29<sup>th</sup> April 2024

### Forthcoming Dates for your Diary

**6<sup>th</sup> May**  
Bank Holiday

**7<sup>th</sup> May**  
Year 6 Interviews Begin

**9<sup>th</sup> May**  
Commencement of Exam Season



### Top Destinations for Sixth Form Actors

Congratulations to two of our talented Sixth Form actors who have secured offers at highly prestigious destinations. Chloe has secured a place at the Arden School of Theatre for Musical Theatre, whilst Lilla has been accepted by Italia Conti, Arts Ed and the Arden School of Theatre, all for acting. All three of these institutions are top Drama schools in the UK with glittering alumni, and places are both highly sought after and hugely competitive. Well done to our performers on this fantastic achievement!



### Everybody's Talking...

Following a record-breaking three-year West End residency and sold out tour, this week, 75 Performing Arts students were lucky enough to see the critically acclaimed musical *Everybody's Talking About Jamie* at the Liverpool Empire. Students were impressed by the fantastic choreography, catchy songs and fabulously funny moments.



### Great Big Dance Off

On Wednesday evening St Julie's Catholic High School's KS3 and KS4/5 Dance Teams performed at The GREAT Big Dance Off national competition. Key Stage 3 students performed emotive choreography entitled, 'My Sister's Keeper' whilst older students delivered an empowering message about equal rights and beauty standards in 'The

**ST. JULIE'S  
STUDENTS  
WHO ARRIVE  
ON TIME  
HAVE  
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Women'. Both teams were outstanding and received wonderful feedback from the judges and audience. Unfortunately, both teams narrowly missed out on progressing to the next stage of the competition, however we are extremely proud of all the students, their talent, dedication and team spirit.

We look forward to entering both pieces into further competitions this summer term.



## Congratulations Mrs Rooney

We are delighted to announce that at the end of last week, following a rigorous selection procedure, Governors appointed Mrs Rooney to the post of permanent Deputy Head. Mrs Rooney, who has been acting in the role since September, will be well known to parents and students. She joined our school community in 2013 as Curriculum Leader for Science and has long served as Head of Lower School. We wish her every success in her new role.

## Live simply, sustainably and in solidarity

### Focus: Live in solidarity

Living in solidarity demands that we reach out to others and try to understand their lived experience.

### Tip: Live in solidarity

Sometimes the opportunity to help is closer to us than we think. Is a friend or relative going through a rough time? Put yourself in his/her shoes. How can you help? How can you make the situation your own and positively transform it? Help carry the load!

**Lord God, You walk with us every day – always loving and giving. May we too walk with those in need, offering a gentle word and kind ear. Amen**



## Year 9 Students Innovate Everyday Products

Students in Year 9 Business classes have started their course by creating some amazing new pen products. They were given a design brief and they delivered some innovative and creative products, showing skills that may make them very successful in the future.

## Year 10 Parents' Evening

Thank you to all parents and carers who were able to take part in our Year 10 Parents' Evening this week. We welcome the opportunity to speak to parents and hope that you found the event to be of value.

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### Liverpool Civic Mass

On Sunday 21<sup>st</sup> April the Archdiocese of Liverpool celebrated their annual Civic Mass, celebrating community leadership and civic life across the city. The congregation included representatives from all walks of life in the City, including the universities, the Armed Services, Police & Fire Services, Catholic societies and schools, and St Julie's were represented by Mrs McCourt and Student President, Sophie Looker.

### Parental Code of Conduct

In line with guidance from the Liverpool City Council Legal Services team St Julie's has published [an expected code of parental conduct](#). We're quick to recognise that the overwhelming majority of parents work and communicate with us positively and constructively but it is only right that we have in place guidelines to support all parties in maintaining this. Nationally there is a rise in aggressive behaviour towards school staff - we are very pleased that this trend is not reflected at St Julie's and the purpose of this document is to help to ensure that this remains the case.



### Year 7/8 Footballers Bow Out of Merseyside Cup

This week our combined Y7/8 football team played in the Quarter Finals of the Merseyside Cup against a team from Calderstones. The match started out with both sides enjoying a fair amount of possession but not getting any shots away on target. St Julie's broke the deadlock, taking the lead from Imogen (Year 8) with a fantastic free kick outside the box lobbing the goalkeeper. Unfortunately, Calderstones pulled it back and won the fixture with a final score of 3-1. The players were upset but displayed great sportsmanship to Calderstones at the end of the match. Congratulations to our Player of the match, Faith in Year 8 who we celebrated for outstanding defending.



### Notre Dame Chaplains Unite

From 17th-19th April, our Chaplain attended a conference run by the Association of Catholic Chaplains in Education at The Briars Retreat Centre in the beautiful Derbyshire countryside. ACCE is a national association and the conference was a great opportunity to meet other chaplains from across the country.

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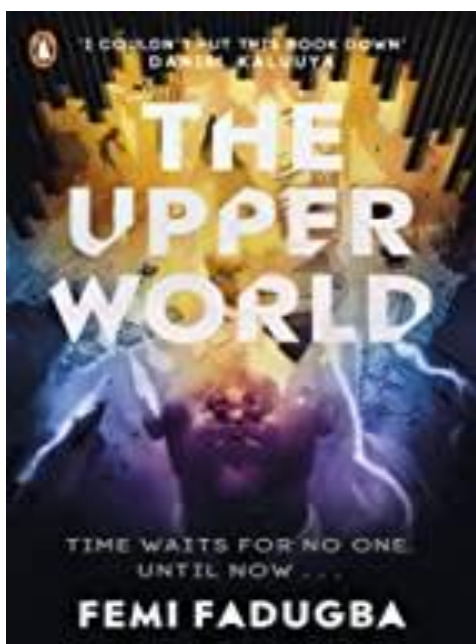
Delegates heard from keynote speakers Sr Franca, who works to highlight injustice at the UN in Geneva, Fr David Cain from Nottingham Diocese and Rachel Rose, a lay chaplain with a special ministry in bereavement. It was also a chance to reunite with three other Notre Dame Chaplains and catch up on the news from our schools! As you can see from the photos, they were happy to see each other and it is a great reminder that we are part of a wider Notre Dame family!

(L-R) Alex Savage, ND Norwich; Suzanne Gomes, ND Sheffield; Rebecca Wall, ND Liverpool; Jo Wallace, St Julie's Woolton



### Valencia Trip Information

Parents who were unable to attend the information evening about our forthcoming trip to Spain can find a copy of the [information presented on the night here](#).



### Recommended Read for April

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'The Upper World' by Femi Fadugba.

***One glimpse of a terrifying future. One chance to change everything.***

*After suffering a knock to the head, 15-year-old Esso experiences a chilling vision: that night he will witness the violent deaths of everyone he knows. He writes off the out-of-body experience as a strange dream - until a series of frightening coincidences prove that the vision is just hours away from coming true.*

*There is only one person who can help him rewrite the future.*

*The trouble is, she hasn't been born yet....*



### Applications for Sixth Form Now Open!

The application window for students wishing to enrol at St. Julie's Sixth Form in September 2024 is now open. Students currently attending St Julie's can [apply here](#), and external candidates can [apply here](#).

### Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit

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the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



## Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm  
Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.  
Monday to Friday: 9am – 4.30pm  
Alternatively, you can email your concern to

[epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm  
Alternatively, you can email your concern to

[ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)  
**Children's Occupational Therapy Service**

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

### Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

[sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

## Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

## Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

## Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric

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vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

### Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety

**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35

**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** –

support for mental health concerns  
<https://www.mentalhealth.org.uk>

**MIND** – Meeting mental health needs

**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD

**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

**Give Us A Shout**

Immediate support by text for people of all ages.

<https://giveusashout.org/>

**Text ‘SHOUT’ to 85258**

**PAPYRUS** – Suicide prevention team

**Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.

**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair

**Phone: 116 123 (free 24 hour helpline)**

### Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

### Microsoft Office 365

#### Licencing

All students at St. Julie's are licenced to install the Microsoft

Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).