



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 29th June 2020

Forthcoming Dates for your Diary

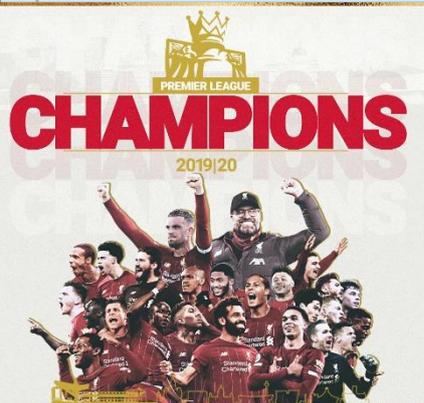
Exams Results Days
Further guidance will be posted home about plans for GCSE and A Level results day.

Virtual Open Evening
[Take the tour here](#) and tell your friends!



Year 11 Celebrate!

In this weekly newsletter we'd normally be bringing you photos of lots of very happy Year 11 students resplendent in their academic robes and silver stoles, but as with so many things in 'the new normal' this year the celebration has been virtual. Thanks to some generous hard work by staff and students, all co-ordinated by Mr Anderson, we were able to take a celebration both poignant and joyous to Youtube, and you can [relive the celebration here!](#)



Congratulations to Liverpool Football Club and all of the reds in our school community for securing the 2019/20 Premier League title after a nearly flawless campaign. The win is a great source of pride that will bring benefits to the whole city. Please celebrate loudly and proudly but responsibly!

Open Evening

Take the tour!

Open Evening: Online!

We were very disappointed to not be able to deliver our usual Open Evening experience as scheduled for this week. Our students are very proud of our school, and not being happy with no representation, volunteered to appear in a video tour, shot in school using safe distancing techniques. [Take the tour](#), and share it with your friends!



Letter to all parents and carers

Letter To All Parents

Please [follow this link](#) for a letter from Mr Alderman concerning ongoing arrangements for the rest of this academic year.

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Mrs C Mason](#)
Year 8: [Miss C Corrigan](#)
Year 9: [Mrs J Navarro](#)
Year 10: [Mrs K Monks](#)
Year 11: [Mrs J Navarro](#)
Sixth Form: [Miss T Hyland](#)

SENCO: [Ms A Read](#)

Curriculum Leaders

English: [Mrs M Bridges](#)
Maths: [Mrs L Gee](#)
Science: [Dr O McGinn](#)
RE: [Mr P Bennett](#)
MFL: [Ms H Mathison](#)
Humanities: [Mrs A Wood](#)
Performing Arts (including PE): [Mrs J Walls](#)
Technology (including Health and Social Care): [Mr P Radburn](#)
ICT and Social Sciences (including Sociology, Psychology and Business Studies): [Mrs D Duffy](#)

Why not visit our Websites?

[St. Julie's Main Website](#)
[Chaplaincy Website](#)

How can you help someone who is having a Panic Attack?

- Move them to a quiet, safe place if possible.
- Help to calm the person by encouraging slow, relaxed breathing.
- Encourage them to breathe in and hold for 3 seconds and then breathe out for 3 seconds.
- Be a good listener without judging
- Explain that the attack will soon stop.
- Stay with them until the attack stops.

Useful Links to help with Panic Attacks:

www.getselfhelp.co.uk
www.mind.org.uk
www.healthline.com
www.helpguide.org

Half Term 6 Calendar and INSET Days Moved

A printable copy of the school calendar for Half Term 6 (1st June to 17th July) is [available here](#). Planned INSET days have been moved to the 16th and 17th July to accommodate the lesson schedule for Year 10 and 12 students. All events in the school calendar are subject to change in response to further Government and LA advice on school operations.

Careers Updates

Updates this week include details of some forthcoming careers events taking place at the Royal Liverpool University Hospital, and updated links to online virtual events from most Universities. [All the details are here](#). This week Mrs Mannings will be continuing to contact some students to offer telephone based support for careers information, advice and guidance. All students in Years 10 and 12 will be offered the chance to request a telephone interview, and more details about this will be communicated to parents.



Culture Liverpool SEND Parenting Blog

Culture Liverpool have collected a range of support resources for parents of children with additional needs.

The blog, [available here](#), covers the following areas:

- Parent Blogs
- Send Resources and Support
- FOCUS: Bereavement resources
- FOCUS: Early Years / SEND resources
- FOCUS: Liverpool SEND Support Groups
- FOCUS: Mental Health support
- FOCUS: Preparing for Adult Life
- FOCUS: Supporting families during Covid-19
- FOCUS: Supporting children through Covid-19
- FOCUS: Transition back to school
- "SEND Toolkit" (an introduction to supporting children with additional needs in the classroom):
- Supporting Students with Autism
- Support
- Partner Websites
- Website and activity ideas
- Other Useful Resources

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Online Lessons from Pearson

All of the excellent lessons from Pearson are available on demand from the [Pearson YouTube channel](#). Lessons in Maths, Science and English are all worth your attention to be sure to take a look.

Parenting Through Covid-19

We continue to recommend that [Culture Liverpool blog for parenting during Covid-19](#) which is written by local people and for local people, and has parenting ideas to help inform, reassure and keep and young people safe.