



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 29th September 2025

### Forthcoming Dates for your Diary

**2<sup>nd</sup> October**

Year 11 Prefect Inauguration Ceremony

**17<sup>th</sup> October**

Year 7 Retreat Day  
Rescheduled from previously published date



### School Receives Donation of Live Saving Equipment

This week we were pleased to welcome the family of Marty Weir who are distributing medical devices to schools and nurseries in his honour. Marty was an athletic young man who loved life, but died in 2022 at the age of just 26 after cardiac arrest caused by choking on food. In his memory, and with the generous support of the [Megan Hurley Foundation](#), Marty's family are distributing LifeVac devices to public buildings around Merseyside. You can [read more here](#).



### Thumping 14-0 Victory for Footballers!

Our U14 team were under 14 in name only as they earned a colossal 0-14 win in the English Schools' Cup! The team emphatically outclassed their opponents from Hilbre High School and progress to the next round of the English Schools' Cup. Well done to all the players on a great win!



### Year 9 and 10 Study Support Evening

Following on from our hugely successful Year 11 study support evening we invited parents of students from Years 9 and 10 into school on Thursday evening. We're very grateful to everyone who came along and we hope that they found the strategies discussed to be practical and helpful. The presentation delivered during the

**ST. JULIE'S  
STUDENTS  
WHO ARRIVE  
ON TIME  
HAVE  
HIGHER  
READING  
ABILITY**



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# Why not visit our Websites?

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evening [can be found here](#), and if you weren't able to get there then students can collect a pack in school.



## Year 8 Celebrate Return to School With Mass

Year 8 students were officially welcomed back to the new academic year with a celebration of Mass on Friday morning in the chapel. The scripture readings were ones of hope and reassurance for the year ahead and Fr Stephen encouraged students to be open to allowing God to work wonders in their lives this year.

Many thanks to our wonderful readers, altar servers and music ministry for their participation and service during the Mass. It was a wonderful occasion and finished with a rousing rendition of 'Qu'il est Bon!'

Year 9 will celebrate their welcome Mass in a couple of weeks' time.



## Congratulations to Y8 Footballer on County Call Up!

We've had more good news from the Merseyside County Schools FA with a call up for Darcey in Year 8 to the U13 County Squad! Darcey usually plays as a centre mid or right back for local side Player Pro Ajax and is proud and honoured to be representing Merseyside in the County level competitions. Good luck Darcey!



## U14 County Call Up for Year 9 Player

Congratulations to Jessie in Year 9 who has received the call up for the U14 side to represent Merseyside! Jessie will compete in County level competitions, which comes on top of the great news about her renewal with Manchester City for a third season. We wish her the best of luck in all competitions this season.

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## U13 Footballers Progress in ESFA Cup

Congratulations to our U13 footballers who have had a great game securing a 3-1 victory against a team from Great Sankey. The team will now progress to the next round of the English Schools' Cup and we wish them great success!



## Creating Careers - A Step Ahead Healthcare Careers Newsletter

The 'Creating Careers - A Step Ahead' newsletter has now been published for October 2025. The publication aims to bring students opportunities, information, and links to support them with careers information advice and guidance relating to the world of healthcare. You can access it [here](#). To learn more about Creating Careers - their website can be accessed here: [Creating Careers A Step Ahead Healthcare Careers Website](#)



## Cross Country Runners Compete!

Congratulations to our cross-country runners who entered

competition this week against runners from other schools across the city. Our runners did a fantastic job representing our school. Well done to all of them!



## Merseyside Police Launch Operation Gears

Merseyside Police are launching a new operation to tackle the emerging upward trend in the use of electric bikes across Merseyside. The targeted campaign aims to tackle serious organised crime, robbery and ASB linked to the illegal use of two-wheeled vehicles, including electric motorcycles, scooters and non-compliant e-bikes. As part of the campaign, Merseyside Police have issued a [letter to parents](#) with useful information about how to spot which bikes are legal and how they can be used. At the back of the letter you'll also find a helpful page with crime prevention tips to protect your bike.



## Year 13 Visit Edge Hill University Higher Education Fayre

Our Year 13 students visited Edge Hill University this week to attend their annual Higher Education (HE) Exhibition, an exciting and informative day designed to help students explore a wide range of post-18 options. Students had the opportunity to speak directly with representatives



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from universities, apprenticeship providers, and employers from across the UK and take a guided campus tour, gaining insight into university life and what to look for when visiting other institutions. These opportunities play a vital role in helping students make informed, confident decisions about their future pathways as students can compare university and apprenticeship options side by side; gain clarity on courses, campuses, and career outcomes and think more broadly and ambitiously about their next steps. We are incredibly proud of the strong destinations our students achieve year after year. In fact, over 90% of last year's Year 13 cohort progressed to university, with many securing places at competitive institutions across the UK. This track record reflects the power of careful preparation, high aspirations, and access to the right guidance, including events like the Edge Hill HE Fayre. Many thanks to Mrs Lyons for arranging the visit.

## What's Next: Personal Statement Workshops

To build on the momentum from this visit, we'll be holding a series of personal statement workshops delivered by Edge Hill University outreach over the coming weeks for our UCAS applicants. These sessions will offer:

- Step-by-step support in drafting and refining personal statements
- Opportunities for feedback
- Guidance on tailoring statements to specific courses and universities

We encourage all students applying to university to make full use of this support to submit strong, competitive applications.

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September 25

**Welcome Back!**

It was lovely to welcome all students back into our school community on September 2nd after the summer break.

Being part of our community and taking part in regular routines and the wide range of activities on offer is an excellent way of promoting a feeling of wellbeing. Engagement with the school community also encourages students to make progress both academically and socially in a supportive environment.

At St Julie's our Mission is to provide an environment in which students feel respected, included and supported as members of our Notre Dame family.

Over the summer holidays, the learning support and SEND facilities have been reconfigured to accommodate a larger sensory room alongside therapeutic spaces and counselling pods. The SOLACE room has been redesigned to include a chill-out area, a small kitchen, and a craft space.



## Attendance Newsletter for September

Our attendance focussed newsletter for September was circulated to parents last week. You can [find a copy here!](#)



## Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

### Why Is Punctuality So Important?

- Sets good routines for life
  - Ensures no learning is missed
  - Minimises disruption for others
- You can read our [punctuality procedures in detail here](#).

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100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

## The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



## Recommended Read for September

If you're stuck for reading inspiration why not take a look at our recommended read? This year's recommended reads are all coming from our students, and Leah's recommendation for September is

'The Island at the End of Everything' by Kiran Millwood Hargrave.

## The island at the end of everything

*Kiran Millwood Hargrave is the new big gun in children's fiction ... This is an enchanting book by a writer who fully deserves the fuss that's being made of her.'* TELEGRAPH

*Amihan lives on Culion Island, where some of the inhabitants – including her mother – have leprosy.*

*Ami loves her home – with its blue seas and lush forests, Culion is all she has ever known. But the arrival of malicious government official Mr Zamora changes her world forever: islanders untouched by sickness are forced to leave. Banished across the sea, she's desperate to return, and finds a strange and fragile hope in a colony of butterflies. Can they lead her home before it's too late?*



**Register As An Alumnus**  
Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

## Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned

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about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



### Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

#### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm  
Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

#### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm  
Alternatively, you can email your concern to [epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

Alternatively, you can email your concern to

[ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)

### Children's Occupational Therapy Service

Please contact the Children's

[https://learnliveuk.com/network-rail-secondary-school-safety-](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist)

talk/Occupational Therapist who is supporting the child for advice or

alternatively for general enquiries

please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

### Liverpool Sensory Service

Please contact the Sensory

Specialist Teacher who is

supporting the child for advice or

alternatively for general enquiries

please email

[sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

### Hub Of Hope

[The Hub of Hope](#) is the UK's

leading mental health support

database. It is provided by national

mental health charity, Chasing the

Stigma, and brings local, national,

peer, community, charity, private

and NHS mental health support and

services together in one place for

the first time.

### Parent Chat Live

[Action for Children Parent Chat](#) is a

free and confidential live chat with a

qualified parenting coach in the UK.

Staff are there to talk about family

life, caring for children or managing

your wellbeing as a parent. The

chat service is a safe space for a

parent to share their concerns.

There will be someone to listen,

take time to understand a parent's

situation, and work with the parent

to find possible solutions. If

appropriate, they may suggest

ideas for where to get extra support.

### Liverpool Citizens Support Scheme

If you find yourself in crisis you can

apply for support to get food and



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basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

### Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their [information leaflet](#) or [at the website](#).

### Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

**RASA (Rape and Sexual Abuse) Merseyside** is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email

[referrals@rasamerseyside.org](mailto:referrals@rasamerseyside.org) or visit our website [www.rasamerseyside.org](http://www.rasamerseyside.org)

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety  
**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk/>

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD  
**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

**Give Us A Shout**  
Immediate support by text for people of all ages.  
<https://giveusashout.org/>  
**Text ‘SHOUT’ to 85258**

**PAPYRUS** – Suicide prevention team  
**Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.  
**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair  
**Phone: 116 123 (free 24 hour helpline)**

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## Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

## Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

## Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre,  
70 Church Road, Halewood, L26 6LB  
0151 488 6648

Children in care (under 18?) Polaris  
[Knowsley.EHWP@coreassets.com](mailto:Knowsley.EHWP@coreassets.com)  
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse  
[Merseyside Domestic Violence Service](#) 0780 272 2703 [mdvs.org](http://mdvs.org)

[Ruby Project](#) [ruby@pss.org.uk](mailto:ruby@pss.org.uk)

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)