St. Julie's Catholic High School Weekly Newsletter

Week Beginning 30th June 2025

Forthcoming Dates for your Diary

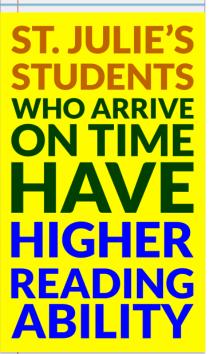
3rd July PSHE Drop Down Day

30th June – 4th July Dog Awareness Week



St Julie's Student Wins Merseyside Police Art Competition

Hot on the heels of our win in the Dot Art competition, three of our students submitted designs into a competition run by Merseyside Police and Everton in the Community promoting Pride Month. We're thrilled to announce that Rowan in Year 9 was named overall regional winner and her design will be appearing on the side of police vans in Liverpool! This year's theme is all about embracing identity, celebrating individuality, and showing pride in who we are - whether as allies or as part of the LGBTQ+ community. Well done to our talented students!





Performers Shine At Open Mic Night!

We started the week with a wonderful evening event on Monday that saw performers both, novice and seasoned, step up to the stage on Open Mic night. We had performers from Year 7 right through to 11 who produced a great evening's entertainment. Read more and see photos here!



Year 7 Students Join Livestream Event

We're proud to report that St. Julie's has once again been asked to participate in the City wide online transition event, an interactive seminar broadcast to primary schools that allows students in Year 6 to get some unfiltered opinions on what the transition to secondary school is like. Our team of

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SENDCo: Miss S Jackson Safeguarding: Safeguarding Team

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volunteers did a great job helping students who have questions and concerns about how they will navigate the change.



Year 7 and 8 Footballers Take On The Weather!

On Monday our Y7/8 football team qualified and competed in the Merseyside football finals at Halewood Leisure Centre. The competition was made up of ten schools who qualified for the tournament all over Merseyside and it was a tough day of fixtures with high winds to make the matches even more unpredictable. St Julie's were drawn into a group with Broughton Hall, West Kirkby Grammar School, Wade Deacon and Cowley. With the high winds and only playing a straight half St Julie's has the wind against us in each game but still showed determination and skill throughout. St Julie's finished 3rd overall and put on a great display of football as always! Well done to the students involved: Freya, Luella, Sharnie, Scarlett, Charlotte, Emily, Peggy, Daisy, Darcy.



Year 10 Give Second Gripping Evening of Devised Pieces

This week, audiences gathered for the second night of Y10 GCSE Devised performances that showcase students creativity, script writing and acting. The first performance was a hard hitting tale of a couples longing to have children, with a twisted ending that had audiences on the edge of their seat. The second performance explored gang culture in Liverpool and how being in the wrong place at the wrong time can lead to a life of crime. The final performance was a stark contrast in genre, as we were entertained by a fast paced comedy set in Woolton, where a local amateur dramatic society put on their version of 'Romeo and Juliet'. Congratulations to all performers who have showcased their talent across the two evenings.



Dog Awareness Week

Dog Awareness Week starts this year on the 30th June, and the dog team at Merseyside Police have highlighted a <u>resource from the Pet Education Partnership</u> about enjoying the company of dogs safely. If you're more of a cat person, there's advice there for our feline friends too!



Summer HAF Programme

Please click here for a copy of a letter from Liverpool City Council with details of the Summer holiday activities and food programme for students in receipt of benefits related free school meals. Bookings for activities are now open.





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Cake and Ribbon Sale for Macmillan Cancer Support

On Thursday morning we helped to raise funds for Macmillan with a cake sale alongside the sale of green ribbons showing solidarity with the work of this important charity. Thank you to everyone who supported the sale by buying a ribbon or a cake, raising an impressive £205!



Year 7 Charity Bingo

On Monday 30th June, students in Year 7 are going to be participating in Bingo to raise funds for Teenage Cancer Trust. This will be at the cost of £2.50 where they will receive bingo tickets and a raffle ticket, where they can win some prizes! You can pay for this on Parent Pay and the cut off date is the 23rd June.



Discounted Travel with Monthly Tickets

Arriva North West have asked us to make parents aware that discounted travel from Arriva NW is available when tickets are purchased monthly by direct debit. You can find more information here. Please be aware that other products are available and that Arriva NW tickets are valid only on services operated by Arriva.



YPAS Coffee Morning

The Young Persons' Advisory
Service are hosting a drop in coffee
morning at their South Hub in
Lyndene Road on 2nd July from
10am - 12pm. The drop in event
gives parents and carers the
chance to meet with two parenting
practitioners, discuss any concerns,
get information and guidance and
see what parenting support YPAS
can offer families. No booking is
required, just drop in.

| 100% | 0 days | 0 lessons missed |
|------|-----------|--------------------|
| 99% | 1 day | 6 lessons missed |
| 98% | 3 days | 18 lessons missed |
| 97% | 1 week | 30 lessons missed |
| 96% | 1.5 weeks | 45 lessons missed |
| 94% | 2 weeks | 60 lessons missed |
| 93% | 2.5 weeks | 75 lessons missed |
| 92% | 3 weeks | 90 lessons missed |
| 90% | 3.5 weeks | 105 lessons missed |

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.

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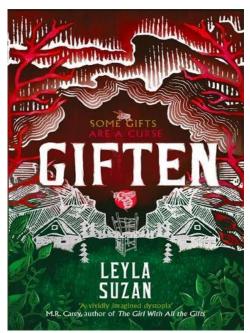
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Recommended Read for June

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Giften' by Leyla Suzan.

A BLIGHTED LAND

Ever since The Darkening, survival has been a struggle. The people of the Field toil on parched earth, trying to forge a life amid dwindling resources.

A GIFT

As one of the Giften, Ruthie is a saviour to her isolated community: her hands hold the rare ability to raise food from dead soil. But she is also its greatest danger.

A SINISTER REGIME

In the City lurks a dark army, intent on hunting Giften to harness their power, destroying all who stand in their way. With the threat growing ever stronger, Ruthie and her friends must leave behind all they have ever known and embark on a quest that will pitch them towards the City, and unknowable danger. One way or another, a battle is coming.



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can fill in the registration form here.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

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New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the

SENISS Helpline: 07591837693

service on 0151 233 3916.

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854 Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk Children's Occupational Therapy Service

Please contact the Children's https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk Liverpool Sensory Service
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries

sensoryservice@liverpool.gov.uk

please email

Hub Of Hope

The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are more details available here.

Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their information leaflet or at the website.

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the

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pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of <u>local and national</u> <u>helplines</u>, including a vital resource for adults <u>'#lt's</u> <u>abuse'</u>.
- The <u>Bright Sky app</u> is an excellent resource for victims of domestic abuse.
- The <u>Hideout</u> resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse)
Merseyside is a specialist service
providing support to anyone who
has been impacted by any form of
sexual violence at any time in their
lives. You can call us on 0151 558
1801, email

<u>referrals@rasamerseyside.org</u> or visit our website

www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the Alder Hey CAMHS crisis care line 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35

Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns https://www.mentalhealth.org.uk/

MIND – Meeting mental health needs Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout Immediate support by text for people of all ages.

https://giveusashout.org/

Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team Phone:0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm -10.00pm, weekends, 2.00pm-5.00pm) Rethink Mental Illness – supporting

mental health all ages.

Phone:0300 5000 927 (Mon -Fri,

9.30am-4.00pm)
Samaritans – supporting those experiencing feelings of despair Phone: 116 123 (free 24 hour

helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, available here, gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit https://www.office.com and sign in using their school email address and password and then look for the 'Install and more' option.

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Resources for Parents in Knowsley

Addvanced Solutions: 0151 486

1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB

0151 488 6648

Children in care (under 18?) Polaris Knowsley.EHWB@coreassets.com 07967 381 035

Knowsley CAMHS 0151 351 8610

Kooth

Mental Health Support Teams

Zuntold

Domestic Abuse

Merseyside Domestic Violence

Service 0780 272 2703 mdvs.org

Ruby Project ruby@pss.org.uk

Family support Family First

Knowsley Family Info

PSS Prisoner Family Service

Lee Cooper Foundation

Healthy Knowsley