



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 31st January 2022

Forthcoming Dates for your Diary

2nd February
Anniversary of the founding of the Sisters of Notre Dame in 1804.

1st February
Start of LGBT+ History Month

17th February
Year 11 Virtual Parents' Evening



Revision Packs Issued to Year 9 Students

We'd like to wish good luck to our Year 9 students as they prepare for the forthcoming exams that will mark the end of their Key Stage 3 journey. In a special assembly, each student was presented with a revision pack with learning and exam preparation materials. After the assessments the students can look forward to commencing their option subjects later this academic year.



For up to the minute information from school about your child, download the Groupcall Xpressions app from your device's app store.



Free Maths Courses by Liverpool University Maths
The University of Liverpool Maths School are offering free places on a number of Maths courses aimed at students mostly in Year 9 and above. The Outreach courses are delivered online in the early evenings, and more details can be found in the [full story on our website](#).



Dancing In Haunted Houses!
Year 7 students in Performing Arts have been adding an extra dimension to their stories! The 'Darkwood Manor' project in Dance and Drama involves creating artistic responses to stories about a haunted house, and students have gone the extra mile and produced some fantastic work. Congratulations to Tia in Year 7 who produced a particularly atmospheric and spooky model!

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[Barwise](#)

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SENCO: [Mrs G Dooley](#)

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Science: [Dr O McGinn](#)

RE: [Miss T Hyland](#)

MFL: [Ms H Mathison](#)

Humanities: [Mrs L Bashford](#)

Performing Arts (including PE): [Mrs J Walls](#)

Technology (including Health and Social Care):

[Mrs A Bell](#)

Why not visit our Websites?

[St. Julie's Main Website](#)

[Chaplaincy Website](#)

Chaplaincy Instagram:
[stjuliesl25](#)

Year 11 Parents' Evening

Please [click here for a letter](#) circulated this week by Mrs McCourt about the forthcoming virtual Parents' Evening for students in Year 11.



Students Represent at Badminton Tournament

Some students in Years 7 and 8 had a change of scene this week as they competed in the Liverpool City badminton tournament. We entered two teams each representing one of the year groups. Both teams played extremely well with great individual performances as well as doubles. One team made it through to the quarter finals but the result didn't go their way this time. All the competitors displayed excellent sportsmanship and skill throughout the tournament. Special congratulations go to Grace in Year 7 for battling a brilliant comeback match!



Xpressions App Functionality Enhanced

Users of the Xpressions communication app will shortly see behaviour events recorded by teachers appearing in the app. This offers a great opportunity for parents to quickly offer congratulations or support to students about recorded events. Apps are available for iOS and Android devices, and parents can also log in the [new web interface](#) from any platform. You can find more details about accessing the apps and web platform at [Groupcall's dedicated website](#). It's

important that you log in with the email address that you have provided to school.



Brilliant Club 2022 is Go For Launch!

The prestigious Brilliant Club programme has launched with a live presentation hosted by the University of Exeter and joining schools from across the country. During the programme, students will be producing high level assignments working with a Ph.D. tutor. We wish them every success!

Liverpool Called

Students in Y8 are now invited to register for Confirmation. Parent/carers should have received an email from school with a letter from Archbishop Malcolm explaining the programme. The Archbishop's letter and the link to register on [liverpoolcalled.co.uk](#) can also be found on the chaplaincy website.

Year 8 Parents Evening Exit Survey

Thank you to all of the parents who accessed our virtual parents' evening for students in Year 8. We'd be very grateful if you could take a minute to complete this [very short survey](#).

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Chaplaincy Photography Competition

If you have a keen eye for a photograph then why not enter our Chaplaincy Photography Competition? The monthly entries are based around our Notre Dame Values of Hope, Truth, Love, Joy, Faith and Justice. You can find out all about it in [this video from our Chaplaincy website](#).



Year 10 Chart Life At Sea!

Artists in Year 10 have been showcasing their technical drawing skills exploring the theme of 'sea life'. Students have drawn on a wide variety of media and the fantastic outcomes speak for themselves. Well done to all of the talented students. You can enjoy the [photo gallery here](#).



Sixth Form Students

Discover EY Global

Students in Sixth Form have been finding out more about how professional services firm EY works in an online seminar. Huge firms like EY can often seem mysterious, but Hannah Jones, Acquisition

Advisor, was able to lead the students through what the firm does and some of the many opportunities currently available for both school leavers and graduates. Thanks to Hannah for her time and insights!

Covid Vaccinations for 12-15 Year Olds

Please see the message below that we have been asked by Mersey Care to circulate:
All 12 to 15 year olds are now eligible for their COVID-19 vaccination.

Vaccinating your child can help to reduce the need to have time off school and avoid disruption to their education whilst also reducing the spread of COVID-19 within schools. During this 2nd phase the immunisation team will be delivering COVID-19 dose 1 or dose 2 vaccines in school.

Doses will be dependent on consent being received and will be 12 weeks after dose 1, a positive Covid test or Covid illness.

We kindly request you complete your child's form following the below link even if you don't want your child vaccinating before Midnight Sunday 30/01/22 to help support campaign planning. (open in google chrome)
<https://econsent.merseycare.nhs.uk/>

*Many Thanks,
School based immunisation services*

LivPaC Courses for Parents

LivPaC are advertising the following courses taking place this quarter:

Autism and Behaviour

Monday 28th March 2022 7pm - 9pm

This course is being delivered by Reachout ASC and funded by The Isabella Trust. This course aims to look at how we can investigate the causes and anxiety around behaviour that concerns and challenges us with autistic children.

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We look at what behaviour communicates and how to read a child's anxiety before working out what additional support can be needed. This course helps you understand the behaviour, be proactive and make a long lasting difference to a child who is struggling in a difficult situation.

This session is held over ZOOM To book, please email info@livpac.org.uk for the link to register with Eventbrite.

Pathological Demand Avoidance (PDA)

Monday 7th March 2022 & Monday 14th March 2022 10am- 12.30pm

This course delivered by The PDA Society and funded by The Isabella Trust. This webinar will run over 2 sessions, on 7th and 14th March, 10am until 12.30pm The sessions will cover:

- What is PDA, how it relates to the Autism Spectrum
- What is a demand and how they make individuals with PDA feel
- Panic Attacks/Meltdowns (why they happen)
- Strategies to decrease anxiety and meltdowns Look at Collaborative and Proactive Solutions The importance of Trust Diagnosis
- SEN including education Resources Signposting Q&A time

This session is held over ZOOM To book, please email info@livpac.org.uk for the link to register with Eventbrite.



Year 13 Mock Examinations

Year 13 mock examinations are scheduled to commence on **Monday 28th February**. Please [click here](#) to read a letter circulated by Mrs McCourt this week with important information for all examination candidates.



February Recommended Read

If you're seeking inspiration for a read, why not try our recommended read for the month of February: *Revolver* by Marcus Sedgwick.

Revolver

"1910. A cabin north of the Arctic Circle. Fifteen-year-old Sig Andersson is alone. Alone, except for the corpse of his father, who died earlier that day after falling through a weak spot on the ice-covered lake. His sister, Anna, and step-mother, Nadya, have gone to the local town for help.

Then comes a knock at the door. It's a man, the flash of a revolver's butt at his hip, and a mean glare in his eyes. Sig has never seen him before but Wolff claims to have unfinished business with his father. As Sig gradually learns the awful truth about Wolff's connection to his father, his thoughts are drawn to a certain box hidden on a shelf in the storeroom, in which lies his father's prized possession - a revolver.

As the stakes rise and Wolff begins to close in, Sig's choice is pulled into sharp focus. Should he use the gun?"

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Technology (including Health and Social Care): [Mrs A Bell](#)
ICT and Social Sciences (including Sociology, Psychology and Business Studies): [Ms D Duffy](#)

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Careers Updates

Updates this week include some fantastic apprenticeship opportunities with Merseyside Police, for Police Constable Degree Apprenticeships, and a wide range of opportunities across manufacturing giant Volkswagen Group. [All the details are here!](#)

KS3 Assessment 2021-22

Please [click here](#) for an overview of the KS3 Assessment Framework.

Remote Education

From September 2021 schools must continue to provide remote education for students who must self-isolate due to Covid-19. A copy of the school policy on Remote Education can be [found here](#).



SEND Support Helplines

Helplines for Settings and Families
In response to the current coronavirus pandemic, Liverpool Local Authority's SEND Support Services would like to offer advice and support to our settings and families during this difficult time.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.
Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice,

support or practical strategies.
Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.
Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's <https://learnliveuk.com/network-rail-secondary-school-safety-talk/OccupationalTherapist> who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

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An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse have increased during periods of lockdown. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text ‘SHOUT’ to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Covid Reporting

Please continue to review the [information sent out each week in the bulletin](#) with regard to the importance of notifying school immediately if your child tests positive for COVID-19. Please continue to contact school in any of the normal ways - the main switchboard (0151 428 6421) during

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working hours; or reception@stjulies.org.uk or safeguarding@stjulies.org.uk for out of hours notifications. School have taken all reasonable steps to raise awareness of this. Thank you.

Microsoft Office 365

Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).

What to do if...	Action required	Back to school...
My child has COVID-19 symptoms	<ul style="list-style-type: none">Check symptoms: fever, cough, sore throat, loss of taste/smell, fatigue, muscle aches, diarrhoea.Self-isolate and avoid contact with others.Wash hands frequently.Wear a face mask.Use a dedicated bathroom.	<ul style="list-style-type: none">When child's symptoms have improved and child is well enough to return to school.When child has been advised a fever for at least 48 hours.They are ready to return to school.They have been advised by a doctor to return to school.
My child tests positive for COVID-19	<ul style="list-style-type: none">Self-isolate and avoid contact with others.Wash hands frequently.Wear a face mask.Use a dedicated bathroom.Do not attend school.	<ul style="list-style-type: none">When child has been advised a fever for at least 48 hours.When child has been advised a fever for at least 48 hours.When child has been advised a fever for at least 48 hours.
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Covid-19 Information and Risk Assessment

All parent/carers can access the school's Covid-19 risk assessment [here](#).



CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

OPPORTUNITIES



University of Oxford are offering a new programme called "Uncover Engineering". It is a free residential course aimed at female students in Year 10 which will let you discover what it's like to be an engineer – trying out a subject you're not taught at school. You can register your interest here.

What
Next?

The first 2022 What Career Live event is taking place on 4th and 5th March 2022. It's at the NEC in Birmingham so, if your parents are willing to take you then great. Book your free tickets here. If not, don't worry as there is a virtual show in June that everyone can attend without having to travel.

University of
Reading



University of Reading are hosting a series of events throughout Feb + March that you may find helpful. You can register here:

- [What happens next & preparing for visit days](#)
- [Finding Your University](#)
- [Applying to university with a BTEC qualification](#)
- [Careers After University](#)
- [Applying to University with a BTEC qualification](#)
- [The Student Experience](#)



The Government Economic Service has launched their Economist Degree Apprenticeship programme for 2022. Starting in September 2022, applications are open now for over 60 vacancies nationwide, with departments such as the HM Treasury and the Department for Work and Pensions. Applications close on Monday 14th February at 11.55am. You can read more and apply here.



On 9th February from 4-530pm, YourGamePlan are running a new digital skills course. There will be lots of speakers talking about their careers in digital. This will include Software Engineers, company owners and "Digital Architects". Register for a place here.

JOB OF THE WEEK



Costume Designer

Costume designers are responsible for the overall look of the clothes and costumes in theatre, film or television productions.. You can earn up to £35,000 per year and expect to work around 40-42 hours per week. There will be 1% more Costume Designer jobs by 2026. You can read more about this here.

LABOUR MARKET INFORMATION FACT

According to a recent CNBC survey, nearly 60% of technology business owners said finding qualified employees within tech is the biggest concern for their company.

The need to find qualified staff was ranked higher in their concerns than cybersecurity and supply chain.

Read more here.

If you have any questions or need support, please email ajones@stjulies.org.uk



CAREERS NEWSLETTER

OPPORTUNITIES

The NHS Allied Work Experience Programme is open to students in Years 10-13. You will receive a certificate for taking part and the event takes place on Sunday 6th February. Careers covered will include nursing, midwifery, physiotherapy, occupational therapy, dietetics, radiography, prosthetics, speech/language therapy and pharmacy. Register for your place [here](#). There is a cost of £10, if this is a barrier for you taking part, please speak to your tutor as school may be able to help.



Springpod have launched a new online quiz called Path Finder which asks you a few short questions based on personality, interests and strengths, before recommending you to a suitable industry AND a learning pathway of free relevant work experience opportunities. You can have a go [here](#).

The National Apprenticeship Show is taking place on 9th February from 11am-6pm. There are a range of exhibitors that you can speak to plus an exciting schedule of workshops to attend from companies like Metropolitan Police, Sky and the NHS. You can read more [here](#) and register [here](#).



Have you seen PwC's employability virtual series call "New world, New skills"? The programme aims to support students in developing their skills for the future and making the most of their potential in their chosen career. You can access the resources here:

- [Years 7-9](#)
- [Years 10-13](#)

As we have mentioned, National Apprenticeship Week is taking place from 7th-13th February. You can see a full list of all the events taking place during this week (both in person and virtual) on the [event listings page](#).



EMPLOYER SPOTLIGHT

Deloitte.

Deloitte is a leading global provider of audit and assurance, consulting, financial advisory, risk advisory, tax, and related services.

They operate in over 150 countries and have recently made the news in the UK after announcing that employees can pick which bank holidays they wish to use their holiday allowance to celebrate.

You can read more [here](#).

UNI SPOTLIGHT



University of York

Outstanding teaching and research in a beautiful and historic city. York is a member of the prestigious Russell Group of research-intensive UK universities.

"Our safe and inclusive campus environment and our student-friendly city provide everything you need to make the most of your university experience."

Search their courses [here](#).

If you have any questions or need support, please email ajones@stjulies.org.uk