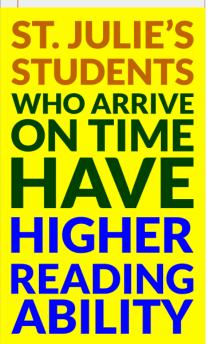
St. Julie's Catholic High School Weekly Newsletter

Week Beginning 31st March 2025

Forthcoming Dates for your Diary

4th **April** Lenten Services

4th April End of Term Students finish 1:15pm







Honours Board Presentation!

On Friday this week we celebrated Foundation day by welcoming former Headteachers Sister Mary O'Brien SND and Mr Alderman into school for a presentation of our new Honours Board! The board, based on research by Sr Mary, traces the lineage of our school leadership all the way to March 1851 when the Sisters of Notre Dame first began their work in our city. You can read more in the <u>full story on our website</u>.



Spine Chilling Performance of Jekyll and Hyde

On Monday, years 10 and 11 were lucky enough to watch a performance of Dr Jekyll and Mr Hyde, delivered by Quantum Theatre Company. All students study this as part of their GCSE English Literature so the performance gave them an opportunity to consolidate their knowledge of the plot.



The Final Bow...

On Tuesday evening our Year 13 Drama students took their final bow to great acclaim! Presenting an evening of naturalism, inspired by Russian practitioner Stanislavski's training methods, Year 13 performed extracts from plays for their scripted examination. They worked to produce authenticity on stage, and they did not disappoint. The five plays showcased the students' talent, passion and

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SENDCo: Miss S Jackson Safeguarding: Safeguarding Team

Why not visit our Websites?

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dedication and had their audience on the edge of their seats. Congratulation to Hannah, Filipa, Steph, Elle, Brooke, Alice, Lara, Jen and Camille for a wonderful final performance.



Wrong Place, Wrong Time

On Friday this week students were able to hear the powerful messages in 'Wrong Place, Wrong Time', our festival winning performance exploring themes of weapons culture and codes of silence within criminal activities. The piece encourages young people to use their most powerful weapon - their voice. Thank you to our student company who staged several performances throughout the day as part of our PSHE programme.



Red Carpet Reception for MVP Graduates!

Today, Year 10 St Julie's MVP mentors attended St George's Hall, along with schools across the city, to be presented with their graduation certificates acknowledging their hard work and fantastic contributions towards delivering lessons regarding violence in our city. All graduates received a red carpet reception on arrival, and were happy to pose for a photograph to celebrate the occasion! While enjoying the splendour of St. George's Hall the students were fortunate enough to sit in the historic courtroom, often

used as a location in TV and Film. to participate in a mock courtroom trial!

Congratulations to all of our MVP graduates and we wish them well taking their training forward into everyday life.



Voting Time in Dot Art Competition!

Dot-art Schools is an annual, online, inter-school, art competition, culminating in a public exhibition of the winning artworks and prize giving ceremony. For their entries Year 9 art club students created concertina books based on the theme of 'journey' which they interpreted in different ways. An expert judging panel selected the top three artworks from each school. You can Vote online for your favourite shortlisted piece in now until the 24th April. The shortlisted entry from each school with the most votes goes through to the final and wins a place in the public exhibition at the Walker Art Gallerv in June. Well done to Charlotte, Anna and Isabelle for being our shortlisted entries this year!

You can have a look at their work and make your voting choices at the Dot Art Website

Bear in mind that once you have cast your vote you will be sent a confirmation email that you will need to click to make your vote count. Sometimes this can route into your junk folder so do check there if your email doesn't appear to arrive. Voting closes on 24th April. Good luck to our shortlisted artists! St Julie's Catholic High School | Schools | dot-art Schools

Sixth Form spotlight!

Following on from last week's Creative focus, this week's newsletter edition highlights four thought-provoking and globally relevant A level subjects. In *Politics*, students explore political systems, ideologies, and current affairs, developing critical thinking and debate skills — ideal for careers in law, government, journalism, or public policy. To learn more about why A level Politics could be for you, click here.

A level *History* delves into significant events and eras, helping students sharpen their research, analysis, and argumentation abilities, preparing them for roles in education, heritage, law, and media. As a discipline it nurtures essential transferable skills such as research, communication, problem-solving, adaptability, and global awareness; giving students a strong foundation for both the world of work and lifelong learning. To find out why you should study History, click here.

We're delighted to offer *Travel and Tourism* again from September 2025 following recent qualification reforms. Travel and Tourism examines the global tourism industry, business operations, and customer care, with clear pathways into travel consultancy, event planning, hospitality management, and international business. <u>Click here to watch</u> a short video about studying Travel and Tourism.

In <u>Geography</u>, students study both human and physical environments, learning to interpret data and global issues — skills valued in urban planning, environmental consultancy, sustainability roles, and beyond. All these subjects

Our current Year 13 students agree that we should study these subjects to deepen our understanding of the world — its politics, history, environments, and global industries — while developing the ability to think critically, communicate effectively, and problem-solve creatively. These subjects not only open doors to diverse and exciting careers; they also equip students with transferrable skills that will benefit them in every aspect of life and the world of work.

Extra-Curricular

Don't miss out on all that we can offer in enrichment and extra-curricular opportunities – these are the things that make you stand out from the crowd in interviews. <u>Check out our Aspire programme here!</u>



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MVP Graduation Performance at St. George's Hall

On Thursday, students from St Julie's had the privilege of performing this year's Now Festival piece, 'Wrong Place, Wrong Time' to support the event's messages. The students delivered the powerful piece to graduating students from St. Julie's and right across the city! Well done to all who graduated and performed today.



A Sweet Treat for Foundation Day!

On Friday as part of our Foundation Day celebration, students and staff enjoyed a special Notre Dame cupcake marked with '174 Years' to commemorate the 174th anniversary of the first Sisters of Notre Dame arriving in Liverpool.



Year 7 Celebration MassesOver the last 2 weeks, all Year 7

students have had a celebration of Mass in school on the theme of the Jubilee Year 'Pilgrims of Hope'.

Fr Stephen from Our Lady's and Fr Ed from St Ambrose were our celebrants for the two Masses and overall, 31 students were involved in ministries including reading, altar serving and leading music. Year 7 were also in fine voice, especially with the singing of our school song, 'Qu'il est bon!' at the end of Mass! Fr Stephen is pictured here with just some of our students who led ministry. St Julie pray for us, protect us and bless us!



Students 'Experience the Workplace'

Over a two day visit, 28 of our students from Years 8, 9 and 10 attended the Liverpool City Region 'Experience of the Workplace' event. During the event students attended a lecture on the wide range of apprenticeship opportunities that are available within the region, and took part in workshops operated by a number of firms who are recruiting locally. Workshops were delivered by organisations like Speke based pharmaceutical company CSL Segirus, Peel Ports who operate across the waterfront and Knowsley Safari Park. The students returned to school with a much better knowledge of the diverse range of employment opportunities available locally.



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Aspire Oxford Residential: Field Report!

Year 12 students Holly, Hannah and Ruby have landed at Oxford University and are having a wonderful time! Our students are experiencing some of the wonderful facilities that the University has to offer as well as getting a great taste of student life!



Top 10 Finish for Athletics
Team

Huge congratulations to the Year 8 Indoor Athletics team who finished an amazing 7th in Merseyside after competing in the finals on Tuesday. Over 50 schools from all over Merseyside took part in the competition and the finals and the team from St Julie's were placed 7th in Merseyside. Well done Ella, Olivia, Annie, Jess, Stevie, Ava, Heidi, and Jasmine.



Congratulations to Half Marathon Runner!

Congratulations to Ava in Year 8 who ran the Liverpool Half Marathon on Sunday. She managed the 13 mile run in one hour and ten minutes, which was close to her personal best at this distance. Despite her young age, this was Avas's tenth half marathon. She has been part of the world of athletics

since the age of 2, and currently trains with the Liverpool Harriers at Wavertree. We wish her luck in her next race on Sunday in Portsmouth!



Year 10 Netballers Represent at Tournament

On Monday our Year 10 netball team played in the Liverpool City Tournament. They played matches against teams from Archbishop Blanch, Liverpool College, St Edwards Collage and Blue Coat. The games were closely contested with fantastic performances from all of our players, including great playing from Ella in Year 8 who played up for the Year 10 team and Lucy in Year 10. Well done to all involved: Georgie, Olivia, Katie, Faye, Lucy, Ella and Lois.



U15 Footballers Exit Cup

On Friday our U15 football team faced a team from West Kirby Grammar School in an away fixture for the quarter final of the Merseyside County Cup. Faye in Year 10 found the net with an audacious screamer scored from inside her own half that left the crowd stunned! Unfortunately it was quality and not quantity that defined the goals from St. Julie's in this fixture, with the hosts taking victory in a comfortable 4-1 win. Congratulations to West Kirby who now progress to the semi-finals, and well done to our players for a tremendous effort.

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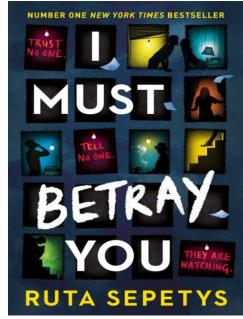
GCSE Revision Materials

Please <u>click here for a copy of a</u>
<u>letter circulated by Miss Gawley</u> last
week with details of revision
materials aimed at students taking
GCSE exams this summer.

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



Recommended Read for

March

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'I Must Betray You' by Ruta Sepetys.

Cristian has lived his entire life in the grip of a repressive dictatorship. The country is governed by fear. When the secret police blackmail him, Cristian has an impossible choice. Save the life of his sick grandfather by informing on his family, or risk his life - and all of theirs - by resisting?

At 17, Cristian dreams of being free but doesn't know where to turn. In this climate of constant suspicion, can he trust his best friend, his girlfriend or even his family?

Closely based on the real events of the Romanian Revolution of 1989, this is a powerful, heart-breaking thriller from the author of Salt to the Sea, winner of the Carnegie Medal.

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Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can fill in the registration form here.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare

Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854 Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk Children's Occupational Therapy Service

Please contact the Children's https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk Liverpool Sensory Service

Please contact the Sensory
Specialist Teacher who is
supporting the child for advice or
alternatively for general enquiries

please email sensoryservice@liverpool.gov.uk

Hub Of Hope

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The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are more details available here.

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

 Merseyside Police provide a range of <u>local and national</u> <u>helplines</u>, including a vital

- resource for adults <u>'#lt's</u> abuse'.
- The <u>Bright Sky app</u> is an excellent resource for victims of domestic abuse.
- The <u>Hideout</u> resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse)
Merseyside is a specialist service
providing support to anyone who
has been impacted by any form of
sexual violence at any time in their
lives. You can call us on 0151 558
1801, email

referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the Alder Hey CAMHS crisis care line 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35 Phone: 0800 58 58 58 (daily 5pmmidnight)

Mental Health Foundation – support for mental health concerns https://www.mentalhealth.org.uk/

MIND - Meeting mental health needs

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Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD

Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout

Immediate support by text for people of all ages.

https://giveusashout.org/

Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone:0800 068 4141 (Mon – Fri,
10.00am – 5.00pm, 7.00pm 10.00pm, weekends, 2.00pm5.00pm)
Rethink Mental Illness – supporting
mental health all ages.
Phone:0300 5000 927 (Mon -Fri,
9.30am-4.00pm)
Samaritans – supporting those
experiencing feelings of despair
Phone: 116 123 (free 24 hour
helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, <u>available here</u>, gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit https://www.office.com and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

Addvanced Solutions: 0151 486 1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB

0151 488 6648

Children in care (under 18?) Polaris Knowsley.EHWB@coreassets.com 07967 381 035

Knowsley CAMHS 0151 351 8610

Kooth

Mental Health Support Teams

Zuntold

Domestic Abuse

<u>Merseyside Domestic Violence</u>

<u>Service</u> 0780 272 2703 mdvs.org

Ruby Project ruby@pss.org.uk

Family support Family First

Knowsley Family Info

PSS Prisoner Family Service

Lee Cooper Foundation

Healthy Knowsley