

# **YEAR 10 STUDY SUPPORT**

**(THIS IS THE POWERPOINT WHICH WOULD HAVE BEEN SHOWN AT THE EVENING IF THIS WAS BEING PRESENTED FROM SCHOOL).**

# AIMS:

## THE BEST POSSIBLE OUTCOME FOR YOUR DAUGHTERS

- The aim of the evening is to offer advice about how you can best support your daughter over the next two years, including what to expect, how examinations will be conducted and how to support her studies at home.
- The more information you have, the more we can all work in collaboration to ensure the best possible outcomes for your daughters.

# LOOKING FORWARD

- From 2019, all qualifications will be awarded a 9-1 numerical grade. A grade 4 is similar to a grade C at GCSE and a grade 9 will account for the top 6% of highest performers nationally.

To ensure the highest standards are maintained, your daughter is set an aspirational flightpath target for the end of Year 11. Targets are set from the progress your daughter made at the end of Key Stage 2 through to the end of Key Stage 4. Teaching staff will continue to review targets, set throughout the year, in order to support your daughter achieving her aspirational target.

**KEY WORD:**

# Collaboration



The more we can work together and have a shared vision/understanding, the more likely your daughter is going to be in achieving her aspirational target next year.



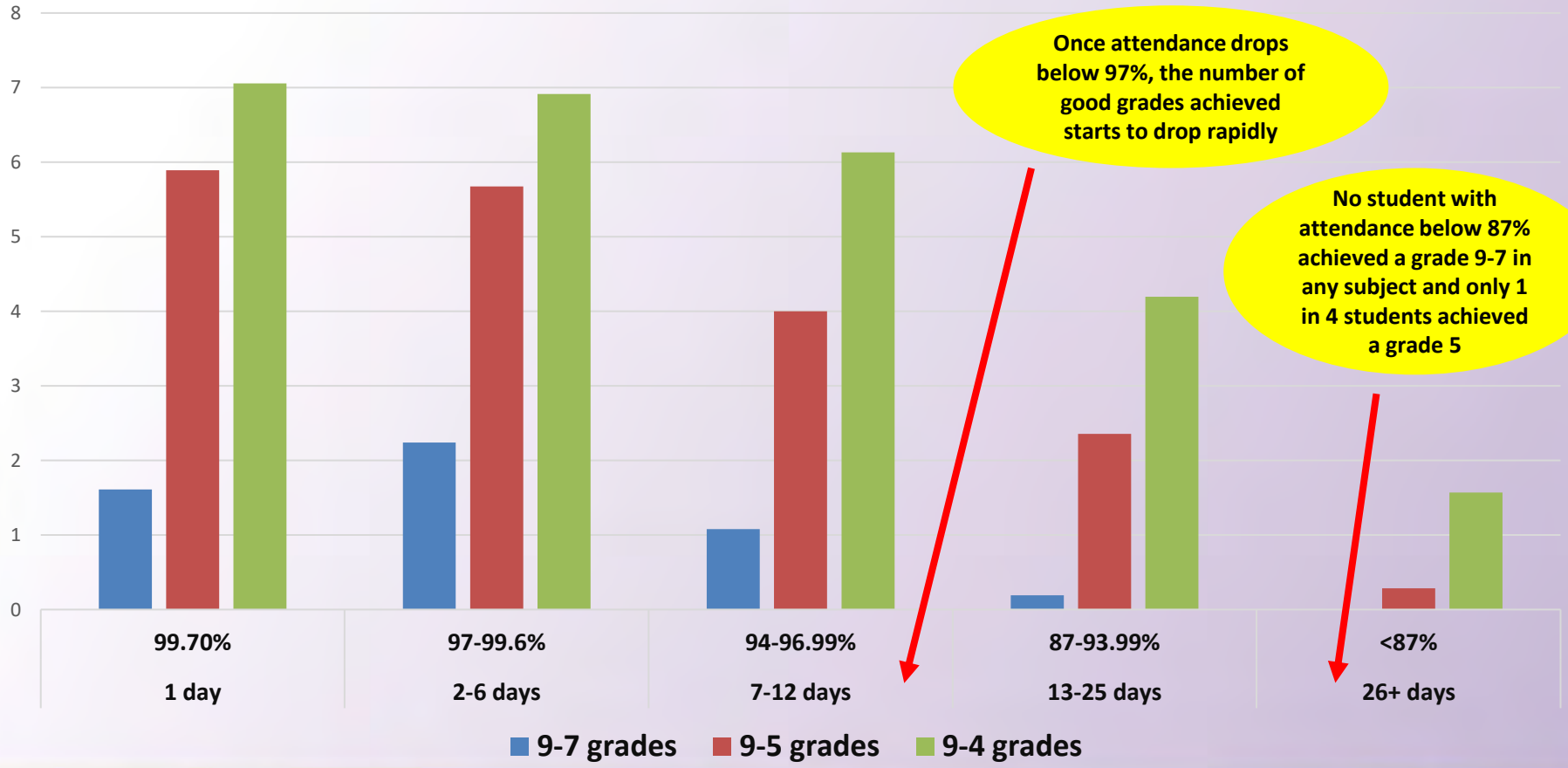
**IF WE WORK IN  
PARTNERSHIP - PARENT,  
PUPIL & SCHOOL - THEN YOU  
CAN BE SURE YOUR CHILD  
WILL ACHIEVE THE BEST  
RESULT POSSIBLE.**

**IT IS IMPORTANT YOU TALK TO US  
ABOUT ANY CONCERNS YOU HAVE  
OVER YOUR DAUGHTER'S  
PROGRESS, ATTENDANCE,  
HOMEWORK, COURSEWORK OR  
EXAMS –**

**WE CAN'T HELP IF  
WE DON'T KNOW!**



# Year 11 2018 - Attendance and Attainment



# Do any of these seem familiar?

She's going out again when she's got exams coming up.

She always leaves things to the last minute, so she's all stressed out the night before her deadlines.

I can't stand the arguments and stress when I tell her GCSEs are important and try to make her work, it always ends in a row!



- Pupils in Key Stage 4 should be doing between **1½ to 2½ hours each evening.**
  - Your daughter needs to develop **her own routine** for homework/revision – not everyone works in the same way.



- Try to ensure your daughter has a place to suit her, where she can study.

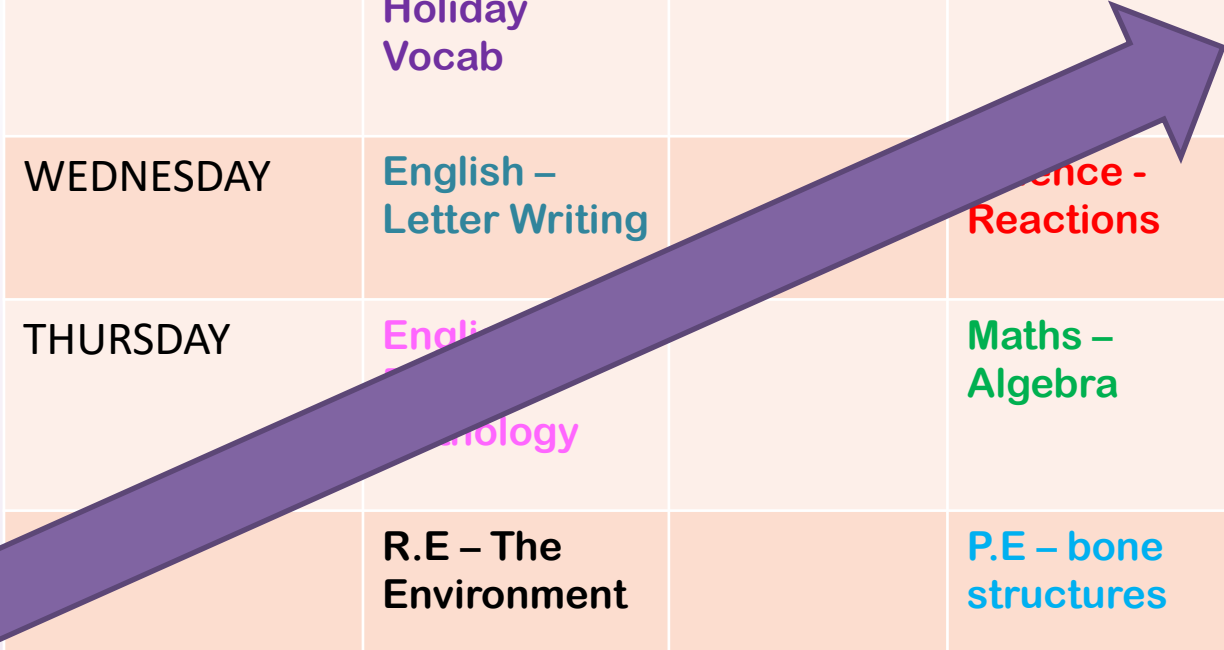
**STRUCTURING TIME/HOURS OF THE DAY IS KEY.**

**ESSENTIAL TO HAVE ROUTINE: A REVISION TIMETABLE PROVIDES STRUCTURE WHICH ENSURES STUDENTS FEEL LESS OVER WHELMED BY THEIR EXAMS/REVISION/COVERING THE EXTENSIVE CONTENT**

**EXAMPLE REVISION TIMETABLE.**

**NOTE – THIS IS NOT SET IN STONE. STUDENTS CAN MOVE TOPICS IN AND OUT AS PROGRESS IS MADE.**




	4 – 5PM	BREAK	6-7PM	OPTIONAL EXTRA 8-9
MONDAY	Science – Human Body		Maths - Quadratics	As students draw closer to their exams the extra hour will become more beneficial.
TUESDAY	French – Holiday Vocab		Geog - Cities	
WEDNESDAY	English – Letter Writing		Science - Reactions	
THURSDAY	English – Biology		Maths – Algebra	
	R.E – The Environment		P.E – bone structures	



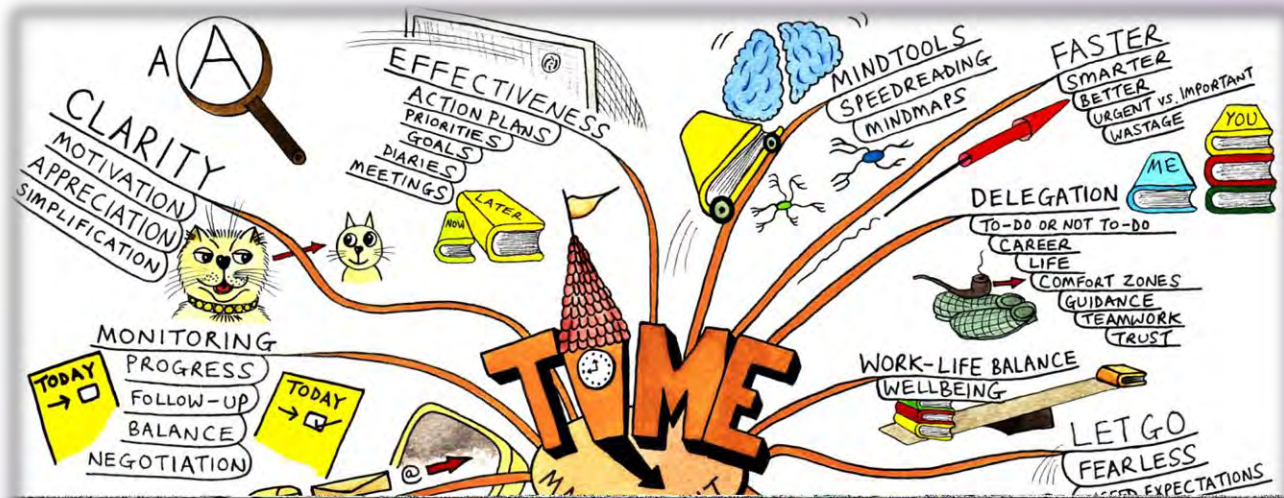

Example – Year 11 – Revision Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Subject 1 3.20 – 4.30 (in school)	Maths 20 mins 5 min break	English Lang 20 mins 5 min break	Physics 20 mins 5 min break	Biology 20 mins 5 min break	Chemistry 20 mins 5 min break		English Lit 20 mins 5 min break GCSE POD VIDEOS Morning
	Maths 20 mins 5 min break	English Lang 20 mins 5 min break	Physics 20 mins 5 min break	Biology 20 mins 5 min break	Chemistry 20 mins 5 min break		English Lit 20 mins 5 min break GCSE POD QUESTIONS Morning
	Maths 20 mins 5 min break	English Lang 20 mins 5 min break	Physics 20 mins 5 min break	Biology 20 mins 5 min break	Chemistry 20 mins 5 min break		English Lit 20 mins 5 min break GCSE POD QUESTIONS Morning
Subject 2 7.30 – 8.30 Phone to be in a different room	Geography 20 mins 5 min break	RE 20 mins 5 min break	Maths 15 mins 5 min break	RE 15 mins 5 min break	Art 20 mins 5 min break		
	Geography 20 mins 5 min break	RE 20 mins 5 min break	Maths 15 mins 5 min break	RE 15 mins 5 min break	Art 20 mins 5 min break		
	Geography 20 mins 5 min break	RE 20 mins 5 min break	Maths 15 mins 5 min break	RE 15 mins 5 min break	Art 20 mins 5 min break		Geography 20 mins 5 min break Afternoon
Subject 3							Geography 20 mins 5 min break Afternoon
							Geography 20 mins 5 min break Afternoon
							REST & get ready for another week ☹️  Evening

# LEARNING STYLES AWARENESS:

Visual	Auditory	Kinaesthetic
		
<p>Some learners prefer to look at information &amp; create visual representations of information to aid their memory.</p>	<p>Some learners prefer to engage with their work by listening and talk things through with others.</p>	<p>Some learners prefer a hands on approach, being actively involved and moving around.</p>

# MIND MAPS



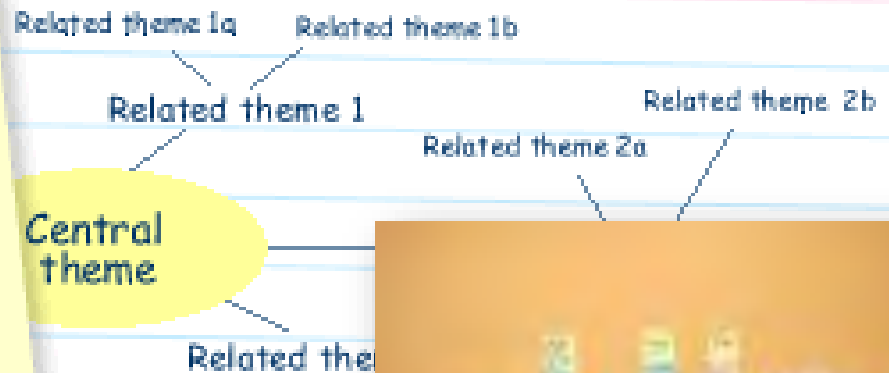
# FLASH CARDS

## Cue cards

- handy
- key word
- summaries

Stick them  
around your  
home to help  
you remember

## Use mindmaps, diagrams and colour



# MNEMONICS

A memory trick and a powerful way to remember tricky concepts.

## Persuasive Devices in English:

**A** → Alliteration

**F** → Facts

**O** → Opinion

**R** → Rhetorical Questions

**E** → Exaggeration

**S** → Statistics

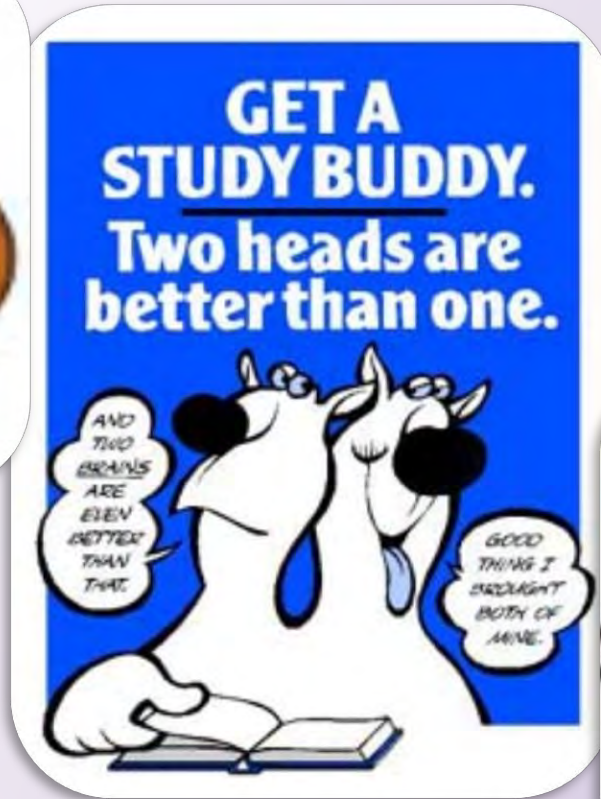
**T** → Triples



# TALK IT THROUGH



**TEACH  
SOMEONE  
ELSE**



**STUDY  
BUDDY**





# ONLINE REVISION SITES

- GCSE Pod

[www.gcsepod.com](http://www.gcsepod.com)

- Educake

[www.educake.co.uk](http://www.educake.co.uk)

- BBC Bitesize

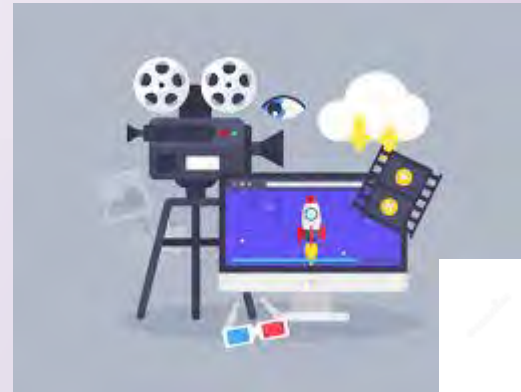
[www.bbc.co.uk/bitesize](http://www.bbc.co.uk/bitesize)

- Mathswatch

[www.mathswatch.co.uk](http://www.mathswatch.co.uk)

- Oak National Academy Online Classroom

<https://www.thenational.academy/online-classroom>



# RELAX!

*It is important that your daughter understands that it is not a waste of time to take half an hour and relax! Pupils who relax are often better at revision and better motivated before exams.*

Imagine you are somewhere else

Have a bath or shower to unwind

Do some exercise

Listen to slow, soothing music you enjoy

Do something different – read a book or watch a film

Lie in a dark room & close your eyes for 30 seconds.

# HELP YOUR DAUGHTER IMPROVE HER CONCENTRATION BY:

- 7/8 hours sleep per night
- Wind down before bed – phones/IPads switched off at least 30 minutes beforehand
- Maintain a balanced diet
- Eating breakfast
- Avoid caffeinated drinks after 6pm
- Exercise regularly to increase endorphins – active positive emotions
- Creating a revision timetable early on in the year to avoid panic at a later date



# THE IMPORTANCE OF LITERACY ACROSS ALL EXAMS -

## why are spelling and vocabulary important?

### Did you know?

- **Vocabulary** skills at age five have been shown to be one of the strongest predictors of success at GCSE level and beyond.
- It is through vocabulary that we store and learn new concepts and ideas.
- How students organise their vocabulary and link information affects their ability to use those words accurately and appropriately in speech and writing – exams.

### Being able to spell accurately:

- Improves standards in all subjects.
- Gives pupils better access to the curriculum.
- Improves pupils' self-esteem.

# **HELP YOUR DAUGHTER IMPROVE HER LITERACY ACROSS ALL EXAMS BY:**

- **Modelling high level vocabulary at home – use the word ‘immense’ instead of ‘big’, for example.**
- **Asking your daughters if they can ‘think of better words for . . .’**
- **Using the correct spellings in text messages/email/social media.**
- **Encouraging your daughter to read as often as possible to digest new vocabulary and spellings.**

# EXAM TIME (MOCK EXAMS FOR YEAR 10 MARCH 2021)

- The exam period can be very stressful for everyone
- Encourage your daughter to stay positive
- Try to help her get a good night's sleep before the exam
- Her behaviour is likely to be challenging at this time

## KNOW THE EXAM TIMETABLE



- Know when and where your daughter needs to be
- Plan to get her there early
- Allow time for breakfast (at least a banana & drink)
- Make sure she has everything she needs – failing to prepare is preparing to fail!

**REMEMBER, YOUR CHIEF ROLE WILL  
ALWAYS BE THAT OF THE PERSON  
WHO CARES THE MOST AND WILL BE  
PROUD OF HER –  
WHATEVER HAPPENS.**

**STUDY PACK INCLUDES A NUMBER OF  
BOOKLETS TO SUPPORT STUDENTS WITH  
REVISION TECHNIQUES AND TO SUPPORT  
PARENTS IN SUPPORTING THEIR  
DAUGHTERS.**